

#1009 A weekly bulletin for residents of Auroville 11 January 2023



Photo by Manohar

Other, verily, it is said, is that which comes by the Knowledge, other that which comes by the Ignorance; this is the lore we have received from the wise who revealed That to our understanding.

He who knows That as both in one, the Knowledge and the Ignorance, by the Ignorance crosses beyond death and by the Knowledge enjoys Immortality. *Isha Upanishad*

Pondering



An Omnipresent Reality is the truth of all life and existence whether absolute or relative, whether corporeal or incorporeal, whether animate or inanimate, whether intelligent or unintelligent; and in all its infinitely varying and even constantly opposed self-expressions, from the contradictions nearest to our ordinary experience to those remotest antinomies which lose themselves on the verges of the Ineffable, the Reality is one and not a sum or concourse. From that all variations begin, in that all variations consist, to that all variations return. All affirmations are denied only to lead to a wider affirmation of the same Reality

The Destiny of the Individual, The Life Divine by Sri Aurobindo

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Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ <u>newsandnotes@auroville.org.in</u>.

The only excuse of late delivery is rain on Friday.

Light and Peace, Roy and AgniJata <u>newsandnotes@auroville.org.in</u>

House of Mother's Agenda



The Mother. Agenda. May 24, 1967

(continued from last week)

And what do you think the Divine is?

I don't know, I never ask myself that sort of question.

Neither do I! I've never asked myself that question. Because, spontaneously, as soon as there was a need to know, there was an answer. And not an answer with words that can be argued, an answer ... like that, a something: a vibration that's something almost constant now.

Naturally, men create difficulties (I think they must love them, because ...), for everything, the SLIGHTEST thing, there's always a world of difficulties. So you spend your time saying, 'Quiet, quiet, quiet—be quiet.' Even the body lives in difficulties (it too seems to love them!), but all of a sudden the cells chant their OM ... spontaneously. Then there is a sort of childlike joy in all those cells, which say (Mother says in a tone of wonder), 'Oh, really, we can do that? We are allowed to do that?' It's touching.

And the result is immediate: that great, peaceful, all-powerful Vibration.

As for me, if I weren't under the constant pressure of all the wills around me, I would say, 'But why do you want to know what the Divine is? What does it matter to you!—Just become the Divine!' But they don't know how to take a joke.

'I want to know what the Divine is.'

'But no! It's perfectly useless.'

'Oh!'

They answer with a shocked look, 'Oh, it's not interesting?!'

'You don't need to know what the Divine is: you must BECOME it.'

For them, I mean the vast intellectual majority, they cannot conceive of doing or being something without knowing what it is.

We could also say this, if we enjoyed a joke: 'It is when you don't know it, that you are the most Divine.'

(to be continued next week)

The Mother, Agenda, May 24, 1967 https://incarnateword.in/agenda/8/may-24-1967 With love and gratitude, Gangalakshmi (HOMA)



Townhall Speaks

Extraordinary No. 18, New Delhi, Thursday, January 4, 2024

AUROVILLE FOUNDATION NOTIFICATION

Tamil Nadu, 19 December, 2023

3. Functions of Admissions and Terminations Registry

The Admissions and Terminations Registry shall

a. render secretarial assistance to the Admissions and Terminations Scrutinising Committee, Secretary or Appellate Committee, as the case may be, in respect of admission and termination of residents, newcomers, volunteers and for appli-cations related to visa matters thereof;

(Read full document on page 40)

FOR AUROVILIAN RESIDENTS, **Executives Of Unit, Services,**

As of 1 January 2024, all previous city services contribution waivers approved for individuals'/ services'/ units' contribu-tion dues to the City Services by any of the BCC/s or FAMC/s of the past (before March 2023) now stand canceled. This will come into effect immediately and apply to the contributions due for Financial Year 2023-2024 onwards.

Henceforth the process of seeking a waiver will need to be repeated every financial year. Service/s and unit/s seeking waiver from contribution to the City Services will need to apply before the beginning of the financial year. The FAMC along with BCC will decide on a case by case basis after considering all the parameters presented to them. Individuals may apply at any time during the year.

Any individual/ service/ unit who wishes to continue seeking a waiver needs to re-apply for the same. Please write to famc@auroville.org.in with a copy to bcc@auroville.org.in.

In Her Service,

Auroville will boldly spring towards future realisations, FAMC

TO THE THERAPISTS & HEALERS Practicing In Auroville

Funds & Assets Management Committee requests all the practicing healers & therapists of Auroville to follow on the registration of their practice immediately.

All healers and therapists practicing in Auroville are required to please register themselves as an activity under the unit 'Harmony Health', an umbrella unit under Health & Healing Trust.

Please approach the umbrella executives, Surya Gandhi and Auro Meera Rajapriyan, to fill up your activity's application. Then get it endorsed and approved at the FAMC office. After which you will open a Financial Service account for your activity (independent of your personal FS account). This is the account to which the revenues for your services are to be deposited and from which your expenses will be disbursed. You will provide the accounts to the executives of Harmony Health on a regular basis, at least monthly.

The attached Code of Conduct for Health Practitioners is attached for your reading and practice. This has been prepared by the health practitioners of Auroville.

Contact details for all practicing health & therapy prac-titioners to register themselves with the Harmony Health Umbrella unit.

Harmony Health: <u>healthhealingtrust@auroville.org.in</u>: 0413 2622602. Contact person: Mrs.Suriyagandhi & Mrs. Auromeera

> In Her Service, Auroville will boldly spring towards future realisations, FAMC

AUROVILLE HEALTH AND HEALING TRUST

Auroville Code of Conduct/Commitment for Health and Healing Practitioners

Introduction:

'Auroville, the city of healing'! That would be good! The Mother, 9 August 1969, Agenda, Vol 10, p 199.

The body carries within itself the certitude of cure, the certitude that the illness or disorder is sure to disappear. It is only through the false education from the environment that gradually the body is taught that there are incurable diseases, irreparable accidents, and that it can grow old, and all these stories which destroy its faith and trust.

The Mother, 31 Jul 1957, Vol 09, CWM, p. 164. A divine life in a divine body is the formula for the ideal that we envisage.

Sri Aurobindo, Essays in Philosophy and Yoga: The Divine Body

A development of the physical consciousness must always be a considerable part of our aim, but for that the right development of the body itself is an essential element; health, strength, fitness are the first needs, but the physical frame itself must be the best possible. A divine life in a material world necessarily implies a union of the two ends of existence, the spiritual summit, and the material base. The soul with the basis of its life established in Matter ascends to the heights of the Spirit but does not cast away its base, it joins the heights and the depths together.

Sri Aurobindo, Essays in Philosophy and Yoga, p. 521 Auroville's aspiration for a transformation of the body has led to the development of more than 20 Health and Healing Service Units, registered under the Health and Healing Trūst.

The services and units under the Health and Healing Trust offer a variety of activities and programs for personal and community health, growth, development, and healing that help individuals progress both physically and spiritually.

This document is intended for use by all teachers, thera-pists, and practitioners, registered with a unit of the Health and Healing Trust and is a guide to excellence in professional conduct and practice. It expresses the values that guide all Health and Healing Units in Auroville and what their units and services offer to the Auroville community and its guests.

It also represents the standards by which teachers, therapists and practitioners will be measured in the event of a complaint being made. It also sets out for the public the quality of care they can expect to receive from Auroville's teachers, therapists, and practitioners.

All Teachers, Therapists and Practitioners must:

- Respect the principles of Auroville.
- Practice within the Civil Laws of the Indian Government.
- Respect customs of the local culture.
- Take care of their own wellbeing and that of their clients.
- Act in the best interests of their clients.
- Take responsibility for their own actions.
- Recognise and work within their limits of knowledge, skills, and competence.
- Ensure their behaviour is a credit for Auroville and the profession they practice.
- Observe confidentiality.
- Maintain high standards of health and hygiene.
- Maintain and develop their knowledge and skills and must be willing to update and expand the same.

Teachers, therapists, and practitioners agree to abide by this Code as a commitment to ethical standards.

Ethical standards and responsibilities are described in Part I. The Support Process (Part II) describes a protocol for addressing any concerns that may arise in relation to the Service Unit's Programs (workshops/classes) or Treatments (therapy/consultation).

As Auroville evolves closer to its ideals, we imagine that this type of document may become obsolete. In the meantime, we recognize that a clear statement of commitment is necessary and can help create an atmosphere of trust and security between the AV Health and Healing Unit's practitioners (therapists, healers, teachers, or trainers) and the participants.

Please note for simplicity and consistency, the word 'practitioner' will be used to describe all those offering classes, workshops, trainings, healing sessions, therapies, treatments, and consultations, etc. The word 'participant' will be used to describe those receiving therapy, a session or attending a class.

Part I: Commitments

Our Purpose As Practitioners:

- To enhance the wellbeing of the participant
- To help participants develop their capacities as conscious collaborators in their own evolution.

Our Values:

- Service—Practitioners elevate service to others above their own self-interest; pro bono service is expected to some extent, and none of the Aurovillians or Newcomers will be turned away because of inability to contribute financially.
- **Dignity and inherent worth of everyone**—Practitioners treat participants with care and respect, mindful of cultural, ethnic and gender differences.
- Inclusiveness—Practitioners must not discriminate against and should actively include, accommodate, and welcome all individuals who wish to take part in their practice. However, practitioners can refuse, discontinue, or defer a treatment/class/course, providing this is not on grounds of discrimination.
- Integrity—Practitioners work from a basis of trust, honesty, high ethical standards, transparency, and professional competence.

Commitments to self

Practitioners:

- are aware of their need for their own self-care and seek support when needed.
- commit to ongoing education and self-development.

Commitments to participants

Practitioners: must

- accurately represent their education and training, and the purpose, limits and scope of the treatment or modality.
- provide a clear statement of the entire process of therapy/treatment to participants.
- not provide medical diagnosis or prescriptions unless professionally trained and credentialed; nor do they promise cures.
- be are aware of 'roles'- i.e., the inherent vulnerability of the participant role and the (often unconscious) projections of power on the practitioner role.
- use 'informed consent' for all procedures, including touch and physically adjusting a client in a class or course.
- support the self-determination of the participant and his/her right to refuse, modify or terminate sessions at any time, regardless of prior consent given.
- assume full responsibility for setting and maintaining clear, appropriate, and culturally sensitive boundaries, taking all necessary steps to protect participants, and avoiding all sexual innuendo (verbal or energetic) and sexual contact.

- safeguard the confidentiality of all participant information (unless disclosure is authorized by written consent of participant, required by law, or there is indication that the participant poses a clear and imminent danger to self or others).
- remain in/near the treatment room until the participant leaves.
- terminate services responsibly (e.g. give participant advance notice whenever possible; transfer to another practitioner when necessary).

Commitments to the larger collective

Practitioners must:

- cooperate with Unit's procedures and collaborate with staff.
- maintain a smoke-free, drug-free, and alcohol-free atmosphere.
- inform appropriate working groups if a participant poses a danger to self or others.
- respect and adhere to appointment/class start and end timings.
- agree to participate in Unit's support process if they have a grievance related to their work in Unit's, or in case a concern about their work is raise

Part II: Support Process

The Unit's management members and program management team agree that all concerns or complaints will be managed with an attitude of care and support for both the participant and the practitioner, and with the highest aspiration for fairness. The Unit's commitment is to the protection of the participant and Auroville, with appropriate support for the practitioner as a primary concern. We seek to maximize the potential for learning, growth, healing, and transformation through careful processing of these issues.

Concerns/complaints must be in writing, including all relevant data (dates of sessions, nature of the issue, etc.) and submitted to the Unit's programming/management group within 14 days of the incident.

- Management of the Unit commits to inform the practitioner within 1 or 2 days, in case of any concern/complaint received (orally or written).
- Unit's Management members will meet separately with (and maintain the confidentiality of) both the participant and the practitioner; joint meetings will be scheduled when deemed appropriate and acceptable to both parties. All parties have the option to ask a support person of their choice to attend these meetings.

Teachers and/or other practitioners of the modality shall be consulted whenever possible.

- After careful review, Unit's management will make recommendations to the practitioner and communicate those recommendations to the participant.
- Under certain circumstances, practitioners may be asked to suspend or stop practice, and/or to seek professional guidance and support. If legal violations are deemed to have occurred, or there is a threat of legal action, referral will be made to appropriate working groups in AV.
- In cases where the participant is deemed to have an invalid complaint, Unit's Management will inform the participant and, if necessary, the appropriate working groups in AV.
- Unit management will make every effort to come to full consensus on their recommendations. If this is not possible, an extra support person will be brought in to assist. If, after this, consensus is still not achievable, the majority viewpoint will prevail.
- Unit management commits itself to managing all issues with care and support for both the participant and the practitioner, and with the highest aspiration for fairness and natural justice.

Practitioner Statement

I have read, understood, and agree to the terms of the Unit's Code of Commitments

Name :	
Date:	
Signature:	

GUIDELINES FOR THE CHANNELING OF DONATIONS

Dear Friends, the establishment of the Donation Channeling Group (DCG) has been approved by the Governing Board in their 65th meeting held on 12th Dec 2023. Guidelines for the channeling of donations (dated 5th July 2023), have been finalized and circulated earlier by the FAMC (attached). The DCG team will roll out the donation channeling process from 1st April 2024, the start of the new financial year.

In preparation for this, all units/projects presently receiving donations (domestic, either from Auroville units or other Indian sources; or foreign sources) and those new projects / units which intend to receive them, are to immediately start to fill up a Project Registration Form (PRF) and this needs to be completed latest by 15th Feb '24. The checkpoints attached to the PRF are based on the Donation Channeling Guidelines. They will also need to fill up a Donor Information Form (DIF) for every donor from whom they will receive funds, or plan to receive a donation from one in near future. The link to the PRF & DIF forms are given below. These can be filled via auroville.org.in email IDs. Only those units who register themselves with the DCG will be able to receive donations through Unity Fund or via the donation portals. For larger donations, funds will be released to projects in tranches.

For every request for withdrawal of funds from the Unity Fund, a Funds Release Form (FRF) needs to be filled in. All statutory rules and regulations and guidelines will have to be followed by the Projects / Units, including the maintenance of separate accounts for Foreign Donations. A letter of acknowledgement is to go to the donor for every donation with a copy to the DCG. A quarterly report will have to be sent to all donors (within the first month of the next quarter) with a copy to the DCG. Filing of Utilization Certificate (UC), 10BD and FC-4 will continue as earlier.

Some of the salient points of the process are:

- 1. Those seeking donations for the first time have to register before starting the process of fund-raising.
- 2. Approval of PRF will normally be done within seven working days of its submission. Rejection will be done only after discussion with the project holder(s) and the FAMC.
- Non-compliance with the Guidelines and DCG process will lead to a pause in the release of funds and even a recommendation to the FAMC to replace project holders.
- 4. There will be no need to fill FRF if the request is lower than Rs 20,000 . SAIIER units will get funds released through SAIIER.
- 5. The privacy of donors will be protected and information will be divulged only for the purpose of compliance with the statutory requirements.
- 6. As per rule 8 of FCRA, only 20% of foreign donations can be used for administrative expenses (except for cases like salaries of teachers of a school or medical staff of a hospital).
- 7. For CSR donations, CSR Rule No. 7 permits admin overheads of less than 5% of the total donor's contributions during a financial year.
- 8. Prior permission of the FAMC is needed for donations towards a corpus fund.

9. The donation funds cannot be transferred to any personal Financial Service or bank account.

With this process we aspire to bring transparency and accountability to the area of donations in Auroville.

Naren & Sandeep, Donation Channeling Group

Enclosures—<u>Guidelines</u>, <u>PRF</u>, <u>DIF</u>, <u>FRF</u> (Forms appeared in Auronet and Mass Bulletin)

THE FOLLOWING ARE The Code Of Conduct Guidelines For Contribution

- All Trusts, Units, Sub-Units, and Activities that generate revenues shall contribute a minimum of 33% of net profit to Unity Fund, unless otherwise stated in the Contribution Guidelines, 'Exceptions to 33% net contribution'.
- Taxi Services shall contribute 1% of billing.
- Auroville Eateries shall contribute 5% of billing.
- Eateries & Other Activities. In the case of units that have both eateries and other activities, the accounts may not be separated.

The contribution shall be calculated as follows:

- Eatery shall contribute 5% of billing.
- Contribution = Combined profit x 33% of profit less 5% of eatery billing already contributed. Combined profit = total sales of both eatery and other activities less total expenses of both.
- Auroville Learning Activities shall contribute 5% of billing and 33% of profit adjusted against contributions paid on 5% of billing.
- Guest Houses shall contribute 20% of billing and homestay shall contribute 25% of billing. Breakfast is included in the 20% billing calculation. For Guest Houses that provide other meals the contribution will be 5% on food billing.
- Please note that, although the healing and therapy practitioners are not mentioned they will be now registering their practice as an activity and shall contribute 25% of billing.
- All individual residents are required to contribute to both the collective fund and also to the health fund. For those working in BCC-supported services, it is provided by BCC. For those working in income-generating units or services, the contribution is provided by the respective entity. Residents not engaged in any work in registered or recognized units shall work for the collective well-being and make a fair individual contribution to the health fund.

Some points to be noted are that this Code of Conduct 2017 enlisted guidelines setup by FAMC, ABC and approved by the Governing Board in 2017 to help the collective with means to operate and grow in its economy.

The underlying principles of sincerity to the collective wellbeing, adhering to the principal ideals of Auroville, are overarching goals that should guide each and everyone. One is called to serve selflessly, and one is expected to avoid all the means to hide funds; overinflated or falsely booked expenses; provide large payments to self, family, or friends; diversion of funds to other uses without due processes; opening of parallel activities outside of Auroville; moving units or services outside; diverting funds to personal bank accounts outside of Auroville; booking income overseas, and many other myriad means to bypass the system and defeat the purpose of Auroville that was offered to the residents to self-perfect and grow in consciousness.

This is a call for self reflection and taking up responsibility for doing the right thing for yourself and wherever each one engages within Auroville.

In Her Service,

Auroville will boldly spring towards future realizations, FAMC

FROM THE ENTRY SERVICE-ES # 213 Dated: 11-01-2024

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to <u>auroville.entryboard@gmail.com</u> or auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

Girija Puthampuri Muralidharan (Indian) staying in Petite Ferme and working at Matrimandir

NEWCOMER CONFIRMED:

- Anne Adeline DESCHAMPS (French)
 - Riccardo BUCCIROSSI (Italian)
- Kalaiarasi DHAYALAN (Indian)
- Lize DE LA ROUVIERE (South African)
- Vithya PANNEER SELVAM (Indian)

AUROVILIAN ANNOUNCED:





Veeramani

Girija

Franclin

- Sonia Franclin MARK (Indian) staying in Kriya and working at
- Auro Orchard Sonia SALMON (French) staying in Kalpana and working at Auroville Media interface
- Veeramani VISHWAKETHU (Indian) staying in Mitra Youth Hostel and working at Auroville Consulting

AUROVILIAN CONFIRMED:

- Niyati THAKKAR (Indian)
- Pranit DASWANI (Indian)
- Rajinikanth RATHINAPILLAI (Indian)
- Tommaso D'AVANZO (Italian)
- **RETURNING AUROVILIAN CONFIRMED:**
- Sandra Jane JACOBS aka Naradi (USA)

YOUTH TURNED 18 CONFIRMED:

Chandru SANKAR (Indian)

LEFT ON THEIR OWN:

Sabrina JECKER (French)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

> The Entry Board: Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
- Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
- Note: If you want any more information about someone, please contact the Entry Service directly for more details.

0413 2622707, William for The Entry Service

Community News Passing On

FRANCA PASSES ON

Our dear friends and community members, Franca Crocetti from Auromodele passed away in Pims in the evening of 8 January around 6pm. Her son Padmanabhan was at her side. She was 86 years old and was admitted recently in the hospital with respiratory disorder.



Franca visited Auroville for the first time in 1979 and joined for good in 1983. She was a senior school principal in Italy and got actively involved in Auroville's outreach education. She also made donations to purchase land for this purpose.

We will miss her and our sympathy and togetherness goes to Padmanabam, Jayanthi and Yasitha e Yashoka and her close friends.

Liza for the Farewell Team



REPRESENTATION IN THE VISITOR CENTER

Dear all, the Visitors' Centre executives want to open up the Visitors' Centre for all Auroville units, and would like to know which units are not having their products available in the Visitors' Centre campus at this moment.

If you are NOT yet represented in the VC campus, please write to visitorscentre@auroville.org.in with the name of your unit and the product/items the unit produces.

> At the service of Truth, Lieve for VC executives

CAUTION, MOTORIZED WASTE COLLECTORS

Dear Community members, it has been observed that at least two waste collectors on a motorized tricycle are moving around in AV and scrounging waste. Perhaps some residents have been selling some scraps, newspapers and metals too to them. However it has been noted that they also enter



some communities unwatched and rummage through their waste collection bins. In one community the heavy metal lids of the bins have suddenly gone missing.

We request you to not encourage the practice of granting access to communities and its space to random waste collectors or before we know we will have swarms of them rummaging through collective and unmatched garbage bins posing a potential security hazard.

We at Eco Service provide the same solution to your waste, hence a request to all members to discourage the presence of the waste pickers and be watchful of their accessing the community waste drums.

> Best regards, Sumit The Eco Service Team





Exhibitions

- Meditations on Savitri: the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- Glimpses of the Mother: Photographs and texts in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

Mondays at 4pm in the Sangam Hall

- January 15: Life After Life. A video documentation based on the research work and book Life After Life by Dr. Raymond A. Moody and presents people who experienced clinical death and revived. Duration: 59min.
- January 22: Evolution Fast-forward, Part 1—Vision & Work of Sri Aurobindo and The Mother. A film in 3D motion graphics by Sopanam Auroville from 2011. Duration: 23min.
- January 29: Spiritual History of India in the Light of Sri Aurobindo—Evolution Fast-forward, Part 4. This film traces the spiritual evolution of India over 4000 years, based on Sri Aurobindo's research to discover the past and future of India's gift to the world, produced by Sopanam Auroville in 2022. Duration: 67 min.

Full Moon Gathering

• Tuesday, 25 January, 7:15—8:15pm in front of Sri Aurobindo's statue

Dream Divine Series

- Weekly session every Wednesday 4:30-5:30pm.
- The series will include presentations, films, talks, etc., followed by questions and answers.

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

Regular Activities

- Sundays 10:30–12 noon: Savitri Study Circle led by Larry Seidlitz
- Mondays 3—4pm: The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- Tuesdays 3—4pm: Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- Tuesdays, Fridays, Saturdays 4—5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Tuesdays 4:30—5:30pm: Mudra-chi led by Anandi
- Tuesdays 5:30—6:30pm: OM Choir led by Narad
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Fridays 3—4pm: The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- Saturdays 10am: Bases of Yoga—An interactive book reading circle
- Saturdays 5—6:30pm: Satsang, led by Ashesh Joshi
- Exhibitions, Main Building and Office are open Monday to Saturday 9—5
- Library and Digital Library is open Monday to Friday 9—5 Everyone is welcome

Dhanalakshmi for Savitri Bhavan Team

LIFE AFTER LIFE

Monday, 15 January 2024, 4pm, at Savitri Bhavan.



Duration: 67 min.

This film by Peter Shockey is based on the research by Dr. Raymond A. Moody involved thousands of people who experienced clinical death, and 'went to the other side' and were subsequently revived. Six people are telling about their personal out-of-body experiences, their journey to the other side, and their return. The causes of their near-death experiences (NDE) were lightning, suicide, complications after surgery, double lobar pneumonia, multiple bee stings, and assassination by the KGB. They describe their experiences as out-of-body. They talk of angels and ecstasy, soul travel, tunnel leading to the light, life preview and return.

On the other side and in warm light and unconditional love, they often see their relatives or friends. And often they see a panorama which consists of everything they ever have done in their lives, from their birth until the time they call death.

All who come back have a new value system. It is based on loving others and seeking love-based relationships. And they have no more fear of death. They know the importance of Love through experiences of unconditional Love and Wisdom on the other side.

Professor Dr Raymond Moody has studied philosophy, medicine, and then near-death experiences for almost 50 years. He is widely recognized as the leading authority on near-death experiences, and he coined the term. His groundbreaking book *Life After Life* published in 1975 inspired a surge of scientific interest in life after death. Dr. Moody trains hospice workers, clergy, psychologists, nurses, doctors, and other medical professionals on matters of death, dying, grief and recovery. Because of his research work and years of experiences he also insists on a truthful scientific method to understand Death, Dying, and Afterlife.

 The film is also available on Vimeo by the title Life After Life: <u>https://vimeo.com/85524391</u>

Submitted by Margrit

DREAM DIVINE SERIES



Wednesday, 17 January, 4:30—5:30pm Interview with Mirajyoti on 26.02.2014 A video will be played in the Sangam Hall of Savitri Bhavan



Directed especially at newcomers, Savitri Bhavan has launched a project called '**The Dream Divine Series**'. The goal of the project is to guide newcomers in understanding the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks etc., followed by questions and answers.

Everyone is welcome

Dhanalakshmi for Savitri Bhavan Team

AMPHITHEATRE-MATRIMANDIR

Every Thursday at Sunset (weather permitting) 5:30—6pm

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

 Reminder to all: the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.



- Dear Guests, please carry your Guest Card with you
- Access only for the Amphitheatre from 5:15pm and for the meditation time.

Surya and Amphitheatre Team

BASES OF YOGA—THE MOTHER'S TALKS An Interactive Book Reading Circle

Savitri B H A V A

Every Saturday, 10—11 am

'One must truly say, Yes I want to progress with sincerity ... whatever happens, I want to progress. Then it comes'. The Mother

During September 1954—May 1955, the Mother took up Sri Aurobindo's book 'Bases of Yoga' in her Wednesday classes for comments and answers to questions. In this reading circle we will explore those powerful and transformative words expressed by the beloved Mother, to understand the meaning of 'Yoga' and how we can adopt the teaching in our daily life (This Book is part of collected works Vols. 6 and 7).

• Free for all. Join us every Saturday 10 am—11 am

Venue: Garden Room, Savitri Bhavan

For more details, contact Debashish, 7678208825 WA, <u>b.deb253@gmail.com</u>

Dhanalakshmi for Savitri Bhavan Team

STUDY CIRCLE



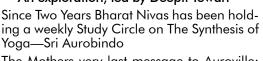
PAVILION OF INDIA: AUROVILLE

on The Synthesis of Yoga—Sri Aurobindo

On the Occasion of Sri Aurobindo's 150th Birth Anniversary Sri Aurobindo Centre, Resource Library

Tuesdays, 4:30—5:30pm

• An exploration, led by Deepti Tewari





The Mothers very last message to Auroville: Auroville is created to realise the ideal of Sri

Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of work.

To live in Auroville means to do the Yoga of work. So all Aurovilians must take up a work and do it as a yoga. **27.03.1973**

She also said: 'Programme: Research through experience of the Supreme Truth. A Life Divine. But no religions. 02.05.1970 Regards, Vani, BN Cultural Team

0413 2622253

BRAHMANASPATI KSHETRAM

Calendar of regular events of January 2024



BRAHMANASPATI KSHETRAM The Mother Sri Aurobindo Centre

ry New

Calendar of regular events of January 2024

Every Tuesday 6:45 - 7:30pm Savitri Reading

Every Thursday 6:00 - 6:30pm Meditation

11th & 25th, Thursday 6:30 - 7.30pm, reading "The Mother's Questions & Answers- Vol-7" in English

25th, Thursday at 6:30pm full moon, reciting Sri Aurobindo's Gayatri Mantra for 30min

> No.3/134, Kalathu Mettu Street Edayanchavadi, Auroville

> > kshetram2014@auroville.org.in



Thanks, Rajan

MUDRA CHI

From January 2024 we will have our classes

- on Tuesdays at 4:30pm @ Savitri Bhavan
- Facilitator Anandi Ayun Everybody Welcome!

Anandi

SAVITRI SATSANG By Narad

Thursdays, 6:30pm @ Kalpana

Savitri reading by Narad on Thursdays at 6:30pm in Kalpana Community @ E1-2B, East Block, 1st Floor (above the parking area). Cordially inviting you all.

William

UNITY PAVILION Daily Peace Meditation

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday,5 to 5:45pm



Education

THE OM CHOIR CONTINUES

5:30—6:30pm, Tuesdays @ Savitri Bhavan



We wish to inform everyone that despite the absence of Narad who is unavailable to lead the Choir for a while, we will continue to meet and chant OM during the usual time at Savitri Bhavan, from 5:30 to 6:30pm on Tuesdays.

All are welcome. Come join us to explore the sound of OM in an aspiration for collective harmony and transformation for ourselves, humanity and the Earth.

Submitted by Noel



INNER BEING, Follow-up to the Community

Dear Community, we would like to update you on how our initiative is unfolding, what will be its next developments and how you could participate and support it.

Following our <u>first call to the Community</u>, we had the great pleasure to receive more than 60 positive replies, Aurovilians and related, who are willing to participate. Thus, we are very much encouraged to move forward in this endeavor aiming at bringing our collective Psychic Being at the front in our Community.

For 2 months now we have started our audio-recordings related to how people are living their relationships with their Psychic Being, and we have achieved a first series of 14 interviews, out of which 5 are already available on <u>Auroville Radio website</u>. One additional interview is released every week depending on the programs of the Radio and, by mid-February, we will start a new series of audio-recordings.

We are also starting some videos, for which we have requested the skills of different film-makers, and we will very soon release the 2 first films. These two wonderful personal sharings will, we hope, demonstrate the value of this film project to the community, and provide the first examples of many to come.

In 2024, we are thinking of creating several new aspects to this work, such as audio-interviews of multiple participants who interact with one another, sharings with the audience and enabling them to ask questions, etc. Your suggestions are welcome to make this topic as much alive as possible for the benefit of the Community.

Since we are developing the concept, expanding our scope of work and soliciting more professionals to help us carry out the technical tasks, your financial support would also be very helpful. Please kindly contribute to **FS account**: **Inner Being 251939**

You can send requests, ideas, concerns or whatever you feel would be helpful to us, by writing to the email <u>being@</u> <u>auroville.org.in</u> or <u>innerbeing.auroville@gmail.com</u>

As we are still in the period of wishes for 2024, our deep wish is that our individual and collective Psychic Being comes definitely forward at the front of our life, reshaping our behaviors accordingly, and that our whole community is driven by It, for the benefit of the world.

> Thank you from our hearts, The Inner Being team Carla, Dan, Iris



AUROVILLE LIBRARY

Auroville Library is closed for Pongal

• Auroville Llbrary will be closed on Monday, 15, Tuesday, 16 and Wednesday, 17 January for Pongal.

Weekly Timings

- Mornings: Monday—Saturday, 9am—12:30pm
- Afternoons: Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm



Story time At the Auroville Library!

Every Saturday, 10-11am: Children's storytime.

• Contact: 0413 2622894, avlib@auroville.org.in

Kathrin

FREE MATH CLASSES For Grade 9—12 (Cbse)

I'm Ravi (spouse of newcomer Priyanka), currently residing in Grace community. I am offering free math nourishment classes for students in grades 9 to 12, CBSE board. The classes will be in small groups (max 3 students per group), twice a week, for a period of 3 months from mid-December till mid-March.

- Interested ones may get in touch with me on WA: 9652928709 for more details.
- Please note that these sessions are NOT meant to be tuition for ongoing school activity.

Regards, Ravi

DISCOVER EARTHEN ARCHITECTURE



Embark on this thrilling adventure with us and explore the untapped potential of Earth through interactive workshops! Limited seats are available on a first-come, first-served basis. Register now & Join the Clan!

- Contact: +91 8508181074 0413 2623330/ 2623064
- Registrations are open: <u>https://registration.earth-auroville.com/</u>

Regards, T. Ayyappan, Co-Director Technician, Researcher and Trainer

THE FUTURE CLASSROOM: **Integrating Generative AI in Learning** Saturday, 20 January, 10—11am,

@ Auroville Consulting Óffice in Kalpana.

GenAl User Group meeting on Saturday, 20 January from 10 to 11am, at the Auroville Consulting Office in Kalpana. Ground Floor meeting room.

Join Lucas from Last School as he unveils the dynamic role of Generative AI in reshaping education. In this talk, he'll explore how AI is revolutioniz-



ing teaching and learning, fostering creative thinking, and personalizing educational experiences for a more effective and engaging journey into knowledge.

For more details and future announcements, join the meeting announcement WhatsApp group by clicking on this link: https://chat.whatsapp.com/EMEiWHRjquBATdKPEkG4PI Vikram



SANTÉ SERVICES aus

Working Hours

Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consult s with Dr.Senthil: Monday to Friday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily, No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Monday/ Tuesday/ Wednesday/ Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Monday/ Tuesday/ Wednesday/ Friday/ Saturday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Wednesday & Friday	Physiotherapy with Rebeca: Monday/ Wednesday/ Friday
Bio-Well Assessment (Evalu- ation of your well-being) with Helena: Inquiry through email adminsante@auroville.org.in	Physiotherapy & Massage with Galina: Monday to Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Sante Services, sante@auroville.org.in, http://sante.auroville.org.in

VISIT OF A TIBETAN DOCTOR

Friday, 19 and Saturday, 20 January @ Pavilion Of Tibetan Culture

Dear All, this is to your information that the Tibetan Doctor and the team are visiting us on Friday, 19 and Saturday, 20 January.



• To get your appointment kindly call our office 0413 2622401 and message 8489067332 WA.

The consultation is Happening at the Pavilion Of Tibetan Culture International zone.

> Kalsang On behave of Pavilion Of Tibetan Culture International zone

SVASTI

Homoeopathy Clinic

Holistic Medical Care through Classical Homeopathy (Acute and Chronic Ailments) with Dr Aditi Patel (BHMS)

- @ Arka Wellness Centre
- 10am—1pm, 3—6 pm, flexible, six days a week.

For your kind information, I have been an Aurovilian since December 2019, practicing here since 2018. I graduated in 2008 and practiced in Gujarat and Mumbai before. Kindly respond to the same. Regards, Aditi (Dr Aditi Patel)



Phone: 0413-2622063 What's up: 9629199328

Working hours Monday - Friday (9am - 1 pm & 2pm - 6 pm) Saturday (9am - 1pm)

MAATRAM AT ARKA

All sessions and activities of Maatram that were occurring at Mitra hostel now take place in our space at Arka.We provide consultation with professionals trained in Psychiatry, Clinical Psy-chology, Neuro/Bio feedback therapy, Integral eye movement therapy, NLP, EMDR, Art therapy, self-work with clay etc



Therapists schedule for Open Consultation Hour (OCH), 9—10am

· · · · · · · · · · · · · · · · · · ·		
Monday	Saif	
Tuesday	Rashmi	
Wednesday	Palani	
Thursday	Chetna	
Friday	Gopa	

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

- Message or call: 9087709434
 - maatram@auroville.org.in
- https://maatram.org.in/



FULL MAINTENANCE POSITION OFFERED!

Are you an Aurovilian or a Newcomer with a deep love for animals? Join our team at the Auroville Dog Shelter! We're seeking a compassionate individual to take on the responsibility of caring for nearly 300 dogs. This fulltime role requires a commitment of five days a week from 9am to 5pm. Alternatively it's possible to split maintenance between two people.



This isn't just a job; it's the real yoga of work. Understanding its demands, we offer a one-month voluntary trial period before a one-year commitment. With exciting plans for a new shelter on the horizon, become part of our vision to become the best shelter in the entire area, providing effective care and help for every animal in need.

 To start this rewarding journey, contact Arthur at +918122225266 WA.

Thanks, Auroville Dog Shelter, Arthur



THE DANCE OF GODS Photo exhibition by Jatenipat Ketpradit Jkboy Tsam, The Dance Of Gods The Khuree Tsam, Mongolia Aurelec Cafeteria & art Gallery, 8am—5pm, Ongoing till January 24

The mask dance, in Mongolia, this ritual is known as 'Khuree Tsam' and dates back to the 8th century. It holds great significance in Tibetan Buddhism and is considered one of the most important rituals. The Tsam dance is an art form that combines dance, music, and elaborate costumes, while also being deeply rooted in Buddhist philosophy.

Following the invasion of Soviet communism, Buddhism in Mongolia was perceived as a threat, leading to the destruction of many temples, including those that hosted the Tsam



ritual. Today, only a few temples remain where this tradition is still upheld.

Submitted by Jana, Prisma

BHARAT NIVAS PRESENTS

Auroville Margarhi Festival 2024 @ Sri Aurobindo Auditorium Bharat Nivas

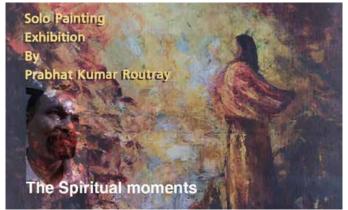


- Carnatic Classical and Bhajans by Ms. S.J. Jananiy
 7pm, 11 January, Thursday
- Hari Om Mohiniattam by Smt.Shruthishoby
 5:30pm, 11 January, Thursday
- Mohiniattam by Dr. Sunanda Nair
 - 7pm, 13 January, Saturday

With Faith and Love, Janmejay, Bharat Nivas Trustee

Solo Painting Exhibition The Spiritual Moments By Prabhat Kumar Routray

Till 21 January 2024. @ Kalakendra Art Gallery, Bharat Nivas



Open From : 9am to 5 pm • Enquiry Contact: Krishna at 9787880211 Parking available outside the Bharat Nivas Main gate. Regards, Vani, Monisha, BN Team



ART EXHIBITION CERAMICS—V by Priya Sundaravalli

Ongoing Till 30 January at Pitanga Daily, except Sundays 8am—12:30pm & 2—5:30pm



Warm regards, Verena

N 1009 - 11 January 2023

ILION-AUROVILLE INVITES YOU

Sharing Circles on the beginning of the spiritual journey based on Jason's Quest



'Break the molds of the past, but AUR keep safe its gains and its spirit, or else thou hast no future.' Sri Aurobindo.

These sharing circles will be about the Quest of Jason and the Argonauts for the Golden Fleece, which represents the beginnings of the spiritual journey. How do the stages of this Quest resonate in us? What can we learn from it and implement in our life? We will support each other on our inner transformation through sharing personal challenges.

In order to attend these circles we ask every participant to respect two requirements:

 Be prepared by watching some episodes (about 15 min each) of the online course on Ilion YouTube channel (29) <u>Ilion-Auroville—YouTube</u> playlist Jason and the Argonauts—Quest for the Golden Fleece or by reading the script.



• Be committed to meet every three weeks from the end of February to the end of April or beginning of May.

These circles will be facilitated in small groups (12 persons maximum) on Saturdays from 2:30 to 4:30pm in English and in French. Contribution based.

If you wish to participate, please send an email: ilion@ auroville.org.in.

Do you know Ilion-Auroville?

Ilion team : Alexander, Cibin, Siva, Caroline, Claude, Gaspard, Rajesh, Hartmut (not on the picture)

Claude de Warren, has dedicated three decades to the study of Greek mythology. The Ilion-Auroville team has gathered around him to facilitate the sharing and dissemination of his discoveries. Through documentaries, publications, courses and conferences, Ilion-Auroville aims to:



- Promote a new approach to Greek mythology as the deep spiritual basis of Western culture
- Provide an access to the writings of Sri Aurobindo and the Mother through this mythology and the poem Ilion,
- Foster a shift in consciousness within individuals and societies.

We make the results of our research available free of charge through writings, films, podcasts, conferences and courses.

Ilion-Auroville offer a new understanding of Greek mythology

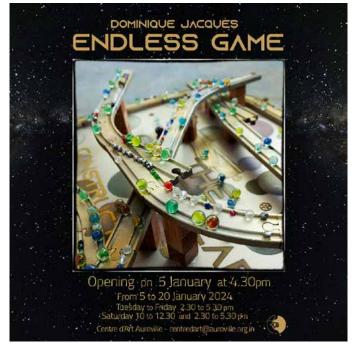
Following an innovative and perfectly coherent approach, we have become convinced that Greek myths have a hidden meaning. They describe human evolution from its beginnings to the distant future: we are the heroes and heroines. Their attributes and actions are our own. We carry within us the monsters and divinities that are both external and internal forces. In this mythology, heroes represent practices, qualities and skills, while heroines represent the goals and achievements towards which heroes strive through their adventures.

- Interpretation Of Greek Mythology—Mythologie Grecque (greekmyths-interpretation.com)
- <u>Ilion Auroville—Complementing Claudes (ilion-auroville.com)</u>

Rajesh for The Ilion-Auroville team

ENDLESS GAME by Dominique Jacques

Ongoing till 20 January @ Centre d'Art Citadines



- Tuesday to Friday, 2:30—5:30pm
- Saturday, 10am—12:30pm, 2:30—5:30pm Submitted by Marco



8TH AUROVILLE PONGAL FESTIVAL-2024

Monday, 15 January, 10am—2:30pm @ Mohanam Campus



- 0413-2190757,
 +91 8300949081
- <u>mohanamprogram@auroville.org.in</u>

Address :

Mohanam Campus,Isai Ambalam Road,Auroville.

Dance Activities

EARTHBOUND FESTIVAL ALLIANCE FRANCAISE

Celebrate the Artistry of Ceramics

12—14 January, 10:30am—6:30pm Alliance Française De Pondichéry 58 Suffren Street, Pondicherry

Adi Writer, Indirani Singh Cassime, Julietta Kuehle, Mimi Chakrabarti, Nalni Dharan, Nandini Hirianniah, Nausheen Bari, Puneet Brar, Rakhee Kane, Ranjita Bora,Ray Meeker, Saraswati, Sabrina, Supriya MM, Tosha Parmar





Artist Demonstration By Saraswati

• 4—5pm, 13 January

Saraswati will demonstrate her unique style and talk about her journey as an artist.

Workshops for children

- 12—14 January 2024
- 11am—12pm & 3—4pm
- Try your hands on clay!

Golden Bridges

• 13 January 2024, 6:30pm



Golden Bridge Pottery, Pondicherry

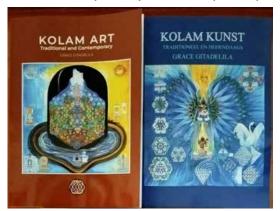
rthbound fest

A melting pot of ceramics, a film by Adil Writer presented at the Earthbound Festival

Greetings, Julietta



KOLAM ART BOOK PRESENTATION Auroville Library, Friday, 12 January, 5—6pm

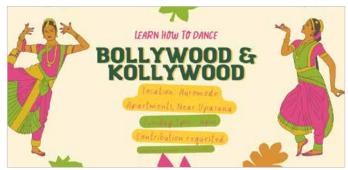


Welcome to Drawing & Hearing Kolam narrative with Grace Gitadelila

Available in Kolam, English and Dutch languages. All Welcome to share with me a moment deep dive into the sacred Kolam language of the Tamil people. Why this pictorial language is relevant to us today and how it can become a part of your journey too. **Submitted by Grace**

JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode! Every Tuesday, 5—6pm



Auromode Apartments, Near Upassana and CSR For more information and to reserve your spot, contact:

• <u>balaganesh.siva@gmail.com</u>, +919446762034 WA only Don't miss out on the chance to add some Bollywood and Kollywood flair to your dance repertoire. See you on the dance floor! Contribution Requested. **Balaganesh SIVA**

NEW CREATION DANCE STUDIO: SCHEDULE

- These are drop in classes, no experience needed.
- Ballet classes for teens only.
- Please contact Savitri for any info: savitri@auroville.org.in or 8940477667

Timings	Monday	Tuesday	Wednes- day	Thurs- day	Friday	Saturday
7am						
8am						Pilates basic (Savitri)
	Aikiyam					
9am	ATB (Isora)					Fleur ballet teens
10am			Animal Flow			Fleur
11am		Aikiyam ATB	(Dev)			ballet teens
12noon		(Isora)				
12:30pm						
		Cleaning No classes				
1pm						
2pm						
3pm	Fleur			Gym- nastic	Ballet private	
4pm	ballet teens	Elodie		private (Terra)	Elodie	
4:45		practice			practice	Power Flow
5pm	Pilates interm (Savitri)	Fitness Dance (Elodie)		Fitness on Swiss ball (Savitri)	Low Impact toning (Elodie)	Move- ment (Purvi) From 4:30—6
6pm	Zumba (Preethi)	Salsa (Mani)				Salsa (Mani)

Submitted by Savitri

N 1009 - 11 January 2023

AUROVILLE TANGO ACTIVITIES

@ Harmony Hall,



Bharat Nivas

- Monday, Class:
 - 7pm intermediates;
 - 8pm beginners
- Wednesday, Practica:
 - 7:30pm guided practica;
 - 8pm practilonga
- Friday, Open Source: 6:30—8pm

No partner required, bring socks or dance shoes and plenty of cheer!

+91 9821166082, tango@auroville.org.in Submitted by Aurevan

ZUMBA WITH PREETI

Zumba classes are happening

New Creation Dance Studio Sweatout & Smile ZUMBA **Every Mondays!**

@ New Creation Studio, every Monday, 6pm For regular classes DM: 8281746763 Submitted by Vega

ANGAM TREE

Workshop: LA Style Salsa Dance

Every Thursday, 7:30pm @ CRIPA, Kalabhumi

Beginner:

- Basic steps, Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps, Partner sequences, Turning and leading
- How to get the beats or rhythms, Dance with Partners
- Feedback sessions

Contact: Instructor Raja,

+91 9751395939, Voice and WA

- Contribution Based
- www.angamtree.com/workshops
- Kindly WA to be added to the Salsa WhatsApp +91 9751395939

SALSA DANCE CLASS

- Beginner Class: Every Tuesday, 6:30pm
- All Levels: Every Saturday, 6:30pm By appointment: any time you can do Salsa, Bachata Kizomba
- Need To Bring: Socks, Water, Smile
- Venue: New creation Dance studio
- **Register before coming** +918637633696



Salsa dance class VERY TUESDAY BOOPM DEGNNERCLASS ERY SATURDAY LEVEL 0: 30PM

Mani, @bakisata dance

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

By apointment: any time you can do class Information:

- Bring water bottle, socks,
- Every month new batch beginner, Minimum commitment 1 month,
- Listen more Tango music, Dance Tango every day by booking for couples or Individuals, Be on time

For bookings contact us:

+918637633696, bakisatadance@gmail.com. Mani



WELCOME TO 'OPEN STUDIO'

Open Studio' is a creative space for individuals to explore various forms of visual art. Art supplies are provided, and you are welcome to stay as long as you'd like during your session. A facilitator will be there if you need help.

The studio is open from 12:30 to 4:30pm, Monday to Friday. If you plan to attend at other times, please inform in advance. Contact Abi at +919042058981.

Watercolor Class By Sathya

Every Thursday 4—6pm.

Life Drawing Session

Every Saturday 2—4pm.

Portrait

· Live portrait in sketch and watercolor painting in 40min of your sit, by Sathya.

CREEVA Studio, +91 9486145072 WA, Sathya

BANSURI (FLUTE) Group Classes With Michael



- Kalabhumi Music Studio, Every Friday
 - Beginner: 11am—12pm,
 - Advanced: 12noon—1pm

Drop in is possible at any time, flutes available to borrow or buy.

- Contribution:
 - Guests: Contribution requied
 - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Connect: <u>michael@sound-of-bansuri.com</u> +91 9150567003 WA
- More Info:www.the-sound-of-bamboo.com
- To Donate: https://pay.auroville.org/divine-arts
- Learn More About Divine Arts:
 - https://auroville.org/page/divine-arts Michael

PHOTO CIRCLE MEETS AGAIN Friday, 12 January, 5pm

@ Centre d'Art Multimedia Room, Citadines

The Photocircle brings together Auroville's photographers.

We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.



Anyone can bring and screen a small selection of images. Everybody's welcome Submitted by Marco



CREATIVE WRITING SESSIONS ARE BACK

Dear Aurovilians and Newcomers, after a few years I am finally available again to do creative writing sessions with you. The path of Never Ending Education can be fun when coming from within. If you want to explore the writing world with me, if you are planning to write an autobiographical book or a fictional one and need



some help to reignite the flame of Inspiration, if you want to delve into the deep world of archetypes or other, you can book an individual or group session by writing me at <u>avgatedreams@gmail.com</u>.

I'm also available for Auroville's schools.

If you first want to get an idea of what I do, you can visit the site dedicated only to Aurovilians and Newcomers at gatedreams.com and sign up for the 'I Just Wanna Write' section. Or you can visit the brand new YouTube channel I Just Wanna Write, where I undertake a writing challenge that will run throughout 2024.

For you, dear Aurovilians and Newcomers, the session is for free.

Dear Guest, don't worry I haven't forgotten you! If you want to have a session with me, please write to me at <u>ijust-wannawrite.email@gmail.com</u>.

EGAI:

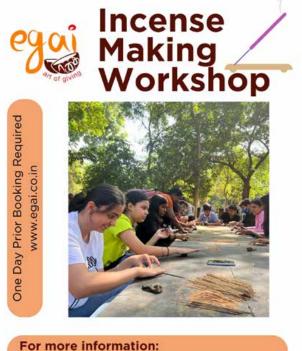
Francesca

Craft Activities



Submitted by Arun

Incense Making Workshop



WA: +91 9791896488 /0413-2963034 Day: Wednesday to Saturday Time: 3 pm to 4:15 pm Venue: Egai, Isaiambalam road, Auroville

Submitted by Arun

Food Activities

EGAI: ART OF GIVING

Cooking Class



Cooking Class

Egai is giving you an experience to explore village cooking methods of the ethnic coconut based cuisine cooked in traditional ecofriendly vessels.

1 day pre-booking need to be done Every Saturday: Morning & Afternoon

Contact Details: Email: egai@auroville.org.in Phone: 9629297514 / 9791896488 www.egai.co.in



Regards, Anand

FERMENTED DRINKS WORKSHOP With Matilde

Every Saturday, 10-11:30am @ CLC, above Marc Cafe Store



Fermentation classes are back

Learn how to make delicious and safe fermented drinks at home following Matildes recipes while Learning the basics of fermentation techniques.

The session will end with a tasting from the brewery, a scoby and some tea to take home and kickstart your kombucha making journey.

Please book a day in advance, send a message to <u>admin@marcscoffees.com</u> for more details.

Matilde



AUROVILLE CYCLE RIDE—8 13 January, 6:15am, Town hall Main Parking

Dear All, We invite everyone to join us on 13 January at 6:15am at Town Hall Main Parking for the Monthly Cycle ride for 20kms in and around Auroville.

Let's pedal together to create awareness for



sustainable mobility and the importance of cycling to our beloved ones and Let's save nature and the mother earth for the next generation.

Bring your own cycle and a water bottle.

Note: People who don't have a cycle could pick one from us and return it back after the ride (depends on the availability / First come gets priority).

Ride's Schedule

- 6:15am, Reporting at Town Hall Main Parking.
- 6:30am—7:30am: Cycling around Auroville
- 7:30am—8:30am: Breakfast at Town Hall campus

Contact: Raju 9443074825/ Saranraj 9787095511

email: avvehicle@auroville.org.in, Raju

KSHETRA KALARI Aspiration

@ Aspiration Sport Ground

- Kalari Class for Beginners
 - Morning classes: 6:30—7:30am 0 Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- Kalari Massage Available
 - By apointment, 9042009200, Maneesh

Where Body Becomes Eyes, Maneesh For Kalari Team

BHARAT NIVAS PRESENTS Kalaripayattu Class in Collaboration with Kalarigram

- Bhumika Hall, 6—7am, Monday to Friday • For Registration: Contribution is
- applicable for the class bharatnivas@auroville.org.in,
- office: 0413 2622253

Parking available outside the Bharat Nivas main gate

Regards, Vani, BN Team

TAI CHI HALL

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

- Mondays & Saturdays
 - 7:30—8:30am: Chi; 8:30—9:30am: Form
- Tuesdays—Fridays
 - 7:30—8am: Chi; 8—9am: Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School-Stevanovitch Method (artduchi.com). All are welcome to drop in.

• Our next beginner's intensive is from February 12 to March 2 2024.

taichi.auroville.org, taichi@auroville.org.in

Warmly, Krishna

Art du Chi



KALPANA GYM

Kalpana Gym is open • 7—9am & 5—8pm Monday To Saturday All Are Welcome!

Satyakam

SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact +91 8637633696

Swimming Mani

ABHAYA MARTIAL ARTS

Abhaya has a team of certified coaches in various disciplines (MMA, Self Defense, Shou Wu, Tai Chi Chen style, Grappling, BJJ, Kickboxing, K1, Wing Chun) and offers classes to kids and adults, from beginners to experts.



- MMA for adults: Monday, 5:30pm in Dehashakti: (Giacomo-International Instructor)
- MMA for kids: Tuesday, 4pm in Dehashakti: • (Giacomo, Costanza and Aleysha—MMA assistants)
- MMA for adults: Wednesday, 5:30pm in Dehashakti (Giacomo—International Instructor)
- K1 for adults: Friday, 5:30pm in Dehashakti: (Ruben—Kickboxing coach)

Be punctual, come in sportswear, short nails, no jewelry.

- For more info please contact abhaya@auroville.org.in or 9487340778 WA
- https://www.instagram.com/abhayaauroville/





ULTIMATE FRISBEE Auroville Women's Team @ Gaia field

• Regular Sessions Every Wednesday & Saturday, 4:15—6:15pm

Hope to see you on field!

No prior experience needed, just some enthusiasm & water

Smiti for Av Ultimate Women's Team







It's that time of the year again.

Here's the announcement for 12 guided weekly Edible Weed Walks. You can join one or more. For that please plan and register early. The walk will be guided along with the Edible Weed Walk book. If you don't have a copy, you will be able to borrow one during the walk.

• Pre-registration and a contribution are required.

The walk for 13 January is now fully booked. But you can register for other Saturdays listed.

 RSVP: +91 98409 36907 WA Only or <u>edibleweedwalk@gmail.com</u> to register

• Registration (max 10 people) is open until Fridays 4 pm The location will be decided after registration closes. Just so you know, registered participants will be informed and given directions and other necessary details.

CO-CREATING WITH THE SPIRIT OF NATURE

Wednesdays afternoons, 2:30—4:30pm

ith th Are you interested in deepening our communication with Nature o create in its Spiriť Drawing, painting, dancing, video, poetry... whatever field you are called for. Bring your own materials or use what nature is offering

forestop into each parts

Register: Bel: +917598892065 WA

Are you interested in deepening your communication with Nature and co-created in its Spirit?Drawing, painting, dancing, video, poetry, whatever field you are called for. Bring your own materials or use what nature is offering

- Register:
- +91 7598892065 WA

Bel

MEDICINE WALK AT MAHAKALI PARK, REVELATION Sunday, January 14, 7—10am

Is there a question that is alive in your heart? A medicine

Medicine Walk

7:00 - 10:00am

Sunday, Jan 14

walk is an ancient earth-based practice for soulful inquiry. The Earth Mother, along with our collective wisdom council, conspire to guide you so that you may discover the soul-level 'medicine' needed to discern your next most aligned steps in life.

- Facilitator: Niharika Sanyal.
- Location: Revelation (Mahakali Park), Auroville.
- **Register now:** <u>contact@auroville-jiva.com</u>, or +91 9833384580 WA.



N 1009 - 11 January 2023

Bioregion Activities

KUILAI CREATIVE CENTER Activities



Activity	Day	Timing	For Children & Adult	Age Group. Only 10 To 20 Students Per Group
English Class	Monday, Tuesday & Thursday	10am— 12pm	Free	Above 18 Years
Tailoring Acitvity	Wednesday Friday	11am— 1pm	Free	Above 18 Years
	Evening Tuition Classes: Monday To Saturiday	6—8pm	Free	From 1st Grade To 10th Grade
Physcial Fit- ness	Saturday	9—10am	Free	Above 8 Years
Painting	Saturday	11:30am— 12:30pm	Free	Above 8 Years
Upcycling	Saturday	2—3pm	Free	Above 8 Years
Нір-Нор	Saturday	3—4pm	Free	Above 8 Years
Bharat Naattiyam	Saturday	4—5pm	Free	Above 8 Years
Exhibition On Mother's 12 Qualities	Soon	Soon	Soon	_

Selva from KCC

AUROVILLE BAMBOO CENTRE January Program 2023



Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- Timings: 11am—12:30pm & 2:30—4:30pm
- Days: Every day except Sunday
- Registration: One day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, Every Saturday
- Registration: One day in advance.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

• Daily Make and Take Hands On Workshop Experiences

One-Day, Make and Take Workshops



- Furniture Workshop, Bamboo Lampshade, Bamboo Giraffe, Bamboo Bicycle (For Kids)
 - 9am—12:30pm & 1:30—5pm, Every day except Sunday
 Registration: One day in advance.

3 Hours Make and Take Workshops



- Bamboo Toys, Bamboo Musical Instruments, Bamboo Jewellery, Bamboo Planter, Bamboo Archery
 - Timings: 10am—12:30pm or 2:30—5pm
 - Days: Every day except Sunday
 - Registration: Walk-in registration available

Upcoming Workshops—January 2024 Bamboo Yurt Workshop

• 22 to 24 January 2024, 9am to 5pm

This workshop focuses on Bamboo Yurt building construction from bamboo and various natural materials .

The Bamboo Yurt workshop will take place over 3 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo Joineries Workshop

• 29 to 30 January 2024

The Bamboo joineries workshop is a 2 days learning experience that offers the opportunity to learn the fundamentals of bamboo construction and various joineries technique.

Bamboo Joineries workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

For more information, special requirement, and prebooking contact:

- Preferred through e-mail at <u>bambooworkshop@auroville.org.in</u> or <u>bamboocentre@auroville.org</u>
- or telephone number: +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- Contact: Voice call and WA: 8300949081
 www.aurovillebamboocentre.org, Murugan

MOHANAM PROGRAMME

Soul of Soil

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture

January 2024

Conscious and Cultural Tour, Workshops & Therapy

Auroville Northwest Experience

Tours

Auroville Northwest Tour

• Every day 10:30am—1pm Except Sunday

This tour is designed for the audience to make them more

aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.



• Mohanam Campus Tour

10am—4pm, Every Day Except Sundays

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, saree & veshti library, herbal tea.

All above Tours One Day Advance booking is necessary

Make and Take Workshops

Join and Experience the learning aspect of engaging in arts and Craft Workshop, Manifest your inner self through various materials and form using creative technique.

- 1. Teracotta, 1hrs
- 2. Kolam Mandala Painting, 2hrs
- 3. Coconut shell craft, 3hrs
- 4. Incense Making, 1—1/2 hrs
- 5. Lampshade Making, 3hrs
- 6. Paper Marbling, 1 hrs
- 7. Candle making, 1-1/2 hrs
- 8. Soap making, 2hrs or 1 day

Daily, Make and Take, Hands- On Workshops at Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)

- All above workshops one day Advance booking is necessary
- 10am—4pm, Every day, Except Sundays

Classes and Therapies:

Mohanam offer a variety of classes, and therapies, where participants can explore the classes and therapies.

Cooking Class

Learn how to cook traditional South Indian foods and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.

10am—12:30pm, Every Saturday

Saree and Vesti Experience

Choose a saree and Veshti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style makeover choose between kolam & cooking for an inclusive traditional

• 10am—4pm, Every Day, Except Sundays

 All above workshops one day Advance booking is necessary

Auroville Bioregion Experience with Mohanam Team

- 1. Village Tour, 3hrs
- 2. Munnur & Perumukkal visit, 6hrs
- 3. Salt Dune & Kaluveli Tank Visit, 6hrs
- Bio-region Village Temple Tour (Irumbai Shiva Temple & Panchavadi Hanuman Temple), 4hrs
- 5. Navagraha Temple visit (Moratandi Navagraha Temple & Prithyangara Temple), 3hrs
- 6. Wood Fossil Visit and Quarry Shower, 6hrs
- 10am—4pm, Every Day, Except Sundays
- All above workshops one day Advance booking is necessary

Mohanam Sunday Brunch

Experience the Following Activities to unlock the full potential of youth and women through art, craft, culture and traditional knowledge. By connecting the local villages to the international community and reconnecting the locals to their traditional knowledge. To act as a bridge between Auroville and its surrounding villages and to keep alive the local, rural Tamil cultural heritage

- 10am—2pm, Every Day, Every Sunday
- All above workshops one day Advance booking is necessary
- Auroville Sunday Tour

Experience Northwest of Auroville & Village Artisan Mohanam Campus tour, Bamboo tour, bamboo sound garden, tree House experience, Special Steam Food.

• Hands on Workshop

Jewellery, Pottery, Lampshade, Marbelling Bamboo toy, Bamboo Instruments.

- 10am—2pm, Every Sunday
- All this Activities is Chargeable
- One Day Advance booking is necessary

Mohanam school of Art & Music activities Classes available for Kids (5 to 15 years old)

Class	Day and Time
Silambamb	Sunday, 8—9am
Western Dance	Sunday, 1—2pm
Indo African Djembe Class	Sunday, 1—2pm
Karate and Kick Boxing	Sunday, 8—9am

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services Aurunachala—Auroville: Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience .

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, aashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

> For More Information contact: <u>mohanamprogram@auroville.org.in</u> (preferred) or call +91 8300949081, Guru, For Mohanam

ENLIGHT ACTIVITIES

Auroville One Day Toúr

Imbibe the Auroville experience and journey through the cultural diversity of the international township:

- Journey of Auroville
- Village crafts
- International zone
- Forest walk
- Sustainable farming
- Drumming circle and bonfire
- Including Lunch

One Day prior booking needed 📓

Bioregion Village Tour

Take a break from your city life and dig deep into the heart of rural villages around Auroville where a land of peacefulness, farming and ancient customs still exists.

- Traditional Welcome, Village Walk, Kolam Experience, Handicrafts, History and Culture, Native Lunch
- One day prior booking

Township Cycle Tour

Lets ride out beyond Radiating out beyond the Matrimandir Garden's are Four Zones and a Green ecosystem, each focusing on an important aspect of the township's life. Industrial Zone, Green Belt, Residential Zone, International Zone



Explorative Educational Experience

Experience Auroville and travel through the cultural consciousness of the international township: Arts and Crafts, Visitor Center, Resident Family Visit, Units and Activities, Ecological Farming, Bonfire & Drumming, Canyon Exploration, Nature Trail

Contact one day prior booking

Enlight, Light of Auroville,

+91 91594 68946, +91 82700 71581, enlight@auroville.org.in, Arun, Anand & Balaji



GAU SEVA AT SADHANA FOREST! Your heartful service is needed at the

Sadhana Forest Gaushala!

would like to contact us:

a vegan breakfast at 8:45am.

sadhanaforest@auroville.org.in,

You are most welcome to join us on any day from 7am onwards, and have

Breakfast is offered as a gift, and there is no need for prior booking. If you

8525038274WA or call 8122274924

Looking forward to welcoming you!

The Sadhana Forest team, Shek



Auroville One Day mbibe the Auroville xperience and journe trough the cultural iversity of the iternational township Journey of Auroville Village crafts International zone Forest walk Sustainable forming ---ming circle and onfine One Day prior booking needed ncluding Lunch ENL GHT

-91 91594 88948 -91 82700 73588







ENL GHT +91 91594 68946, +91 82700 71581

If you would like to help, please email your name, time availability, phone number and any particular skills to

January 29.

tails and decoration.

aurovillefilmfestival@auroville.org.in Please put 'Volunteering' in the subject line of the email Warmly Krishna

AUROVILLE FILM FESTIVAL Need Volunteers from January 20 to January 29

AUROV LLE

TH FLM Fest Val

We need volunteers who would like to help with setting up,

running and taking down the festival from January 20 to

We especially need people on the 20th and the 29th who

can lift and carry things. We need people who can make

reels, make short films, take photographs, and do inter-

views. We need people who like to help take care of de-



QUIET HEALING CENTER



Looking for experienced massage therapists

We are looking for experienced massage therapists (Aurovilians, Newcomers and Volunteers) who feel inspired to work in Quiet's dynamic and beautiful environment. If interested, please send an email with background details (age, gender, qualifications, work experience, etc.) to <u>quiet@au-</u> roville.org.in after which we'll invite you for an interview.

www.quiethealingcenter.info Mobile & WA: +91 9488084966, Guido

EXPRESSION OF INTEREST Call for applications of interested architects for taking up the work of 'Urban Haat'.

Applications can be submitted in person to Ms. Monisha, at Bharat Nivas—Bhumika office, or by email to bharatnivas@auroville.org.in.

The deadline for expression of interest is 17 January, 2024.

Details are available at: https://www.myscheme.gov.in/schemes/nhdp-iandts-uh

Janmejay, Bianca, Kamala, **Bharat Nivas Trustees**

Lost And Found

Lost Samsung Galaxy

Hello my name is Viviana, I lost my phone near the fertile forest on the weekend. It's a Samsung Galaxy S20 in blue with a sticker on the back that shows two trees and a little quote. Viviana

Lost A Bunch Of Keys

Lost a bunch of keys. 7—8 keys on a dark red rope. Between Citadines and Auroville bakery. Reward guaranteed (: If found please contact Anna, Čitadines +919489865677 or arseny@auroville.org.in Anna





KOREAN TEA CEREMONY

13 January, 10:30 am @ Goyo Restaurant 8 seats limited (Contribution based)



Korean Pavilion Team hosts Korean tea ceremony by Haandl and Padha. If you're interested please book ahead 9489904112 WA Seulki



• 2—5:30pm

Hanbok fashion show, Trying on traditional Korean dress, Korean tea ceremony, Han-geul calligraphy and Korean food.

- 5—5:30pm
- Hanbok Fashion show
- The Korean Pavilion team is looking for:

Volunteers to model at the fashion show. If you're interested, please let us know.

Send a full-length photo and your size: Jin, 9487192023 WA Thanks, Seulki



NATURELLEMENT CLOSED FOR PONGAL

Both the Garden Cafe and the Production will be closed for Pongal on Tuesday, 16 and Wednesday, 17 January.



Wishing you a Happy Pongal! Martina, The Naturellement team

PONGAL CLOSURE AT LA TERRACE

La Terrace remains closed on

Tuesday, 16 and Wednesday, 17 January for Pongal celébration Happy Pongal for all!



Angelika for La Terrace Team

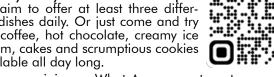
THE SPROUT CAFE

7am to 4pm Monday through Saturday @ The Sprout Cafe in UTSAV on the Verite radial

The Sprout is open from 7am to 4:30pm Monday—Saturday for break-fast and lunch. We are located on the ground floor of the UTSAV building just the sprout before Verite community.



Dive into our delicious **breakfast menu** from 7am to 11am, and enjoy a casual and yummy lunch from 12 to 3pm. We aim to offer at least three differ-ent dishes daily. Or just come and try our coffee, hot chocolate, creamy ice cream, cakes and scrumptious cookies available all day long.



You can join our WhatsApp group to get our menu of the day by scanning the QR code. Akash

ANNAPURNA FARM BASKETS

Annapurna Farm has been running a CSA ordering system for Annapurna produce/products (dairy, fruits, and grains) to connect with the con-



sumers directly for a year now. The idea of the project is to deliver a selected range of produce/products on orders that could be made by simply filling in a Google form.

- Orders are delivered to Foodlink & PTPS on Saturdays.
- Some of the produce/products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or email us at annapurnafarm@auroville.org.in to receive the order form. Madhuri for Annapurna Farm



HAVE YOU DISCOVERED SUDHA'S KITCHEN?

@ Svedame, where WELL cafe used to be)

Open 8am—5pm Monday through Saturday.

The menu is mostly Middle Eastern: falafel plate with pita bread, mediterranean plate with hummus or labane and cooked and raw salads, shakshuka, sabich sandwich, salads including Japanese and Greek, with soups, hot and cold drinks, and wonderful desserts including amazing chocolate truffles (plain, vegan coconut, and orange). On Wednes-days and Saturdays the special is Vietnamese



spring rolls in rice paper wraps with peanut sauce. Sudha also offers breakfast with omelets, dosa, and fruit salad.

- Sudha's Kitchen (in Svedame, where WELL cafe used to be) is open from 8am to 5pm, Monday through Saturday.
- Groups are welcome to book in advance.
- Landline: 0413 3509884.
 - In case of rain, there is an indoor space.
- Deliveries are also possible.

Come and eat delicious food with your friends! Shanti

GERMAN BAKERY OPENING HOURS

7:30am to 8:30pm

Please note that we are closed on Tuesdays.

Dear Bread Enthusiasts, we are delighted to announce the opening of our small German Bakery, located in the same building as Sakura Sushi on the ground floor, Kuilapalayam.

While we are still in the process of adjusting our range of bread and pastries that sometimes also fail, we invite you

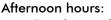
that sometimes also fail, we invite you to try a selection of German sourdough breads, pretzels, cakes, as well as our homemade smoked ham and sausages. For those seeking a meal, we offer a breakfast plate and a German version of tarte flambée (Flammkuchen) for dinner.

We look forward to serving you at German Bakery during our new extended hours daily from 7:30am to 8:30pm. Please note that we are closed on Tuesdays. Egle

FREE STORE OPENING TIMES

Morning hours:

• Monday to Saturday: 8:30am—1pm



• **Tuesday and Thursday**: 2:30—4:30pm



MUNDER

We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

Kamala for Free Store Team

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakalai Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of PCB Assembly, SMD soldering, desoldering and minor repair of appliances. The unit can also undertake sub-contract of your production work on job work basis. If you have any requirements, please contact



- Dhandapani, Executive at 0413 2622295,
- Mobile 9443090082/8098193820
- or via email to <u>newwaves@auroville.org.in</u> **Priya**



JOIN DROPZY

Dropzy is a mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, expertise/experts, therapists etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.



Dropzy works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your visibility and order volume, drive more revenue and improve profitability with help from **Dropzy**.

- Contribution based
- Register your Unit/Activity Click on this link: <u>www.dropzy.in/</u> join-dropzy
- Know more about Dropzy on <u>www.</u> dropzy.in

Best regards, Sathish Arumugam For Dropzy

TECH ELVES SERVICES

Dear all, YouthLink continues to offer our Tech Elves service to the community. Created with the purpose of helping everyone better understand their technology, this initiative aims to provide technical support to anyone who needs it!



So if you have any issues you are currently facing with your phone, computer, smart tv etc, reach out to us and we will come and solve your problem while hopefully teaching you as well.

• Youthlink@auroville.org.in, +91 7397787112.

Sananta

INTERNET CONNECTIVITY SERVICE OFFERED

I am Ramakrishnan Aurovilian experienced in the fiber internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fiber internet infrastructure and IT troubleshooting work for our Auroville community Since 2015



And I am happy to provide the below services to our Auroville community

- Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fiber optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/ repairing
- Other network communications devices; Configuration/ Installation/repairing

For any internet-related issues/complaints, please feel free to contact me:

- Ramakrishnan, 9943919899,
- <u>ramkrishna@auroville.org.in</u>

RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. It has now been one year since we began serving the community. We take this opportunity to thank all the people who believed in us.



The support offered and shown by our customers played a big role in our growth.

Kindly avail this offer by taking a look at all the work that we offer. Please reach out to us for any enquiries that need our assistance to fix your home or any infrastructure. Look forward to your continued use of our services in the future.

Carpentry, Masonry-renovations and remodulation, Plumbing, Aluminum channel work, Electrical, Steel Fabrication work, Painting-Interior, Exterior, Floor Waxing, Powder coating, Insect Treatment, Fencing, Washing machine repair & installation, A/c repair and installation, Inverter repair and installation, Dth repair and installation and Furniture purchase assistance,

Contact: + 91 8270071581/ +91 7639810621 Email:

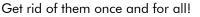
- rapidcare@auroville.org.in, rcsrapidcareservice@gmail.com
- Instagram, Our Works

Best regards, Balaji & Arun for Rapid Care

PEST CONTROL

We Control All kinds of Pests Treatments on Warranty

Ants, Bed Bugs, Cockroaches, Fleas, Hornet's, Mice, Rats, Spiders, Termites, Wasps & more



We will help you to eliminate wide variety of **Residents and commercial Pests**

Contact us: 9943919899, ramkrishna@auroville.org.in Ramakrishnan

> **A KIND REQUEST & REMINDER** From Auroville Printers

Auroville Printers offer a wide range of printing services to your diverse needs, such as vouchers, visiting cards, bill books, delivery note books, library cards, book binding, packaging (including die cutting for boxes, packets, tags, and more), and all kinds of labels. Just name it, and we'll make it for you.

- Auroville Printers Location: In front of the Auroville Health Centre
 - 0413 2622534, Mobile: 9443202786 0
 - Email: aurovilleprinters@auroville.org.in 0

SURABHI SUPPLIES

Dear Auroville Community, Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to



construction supplies, appliances, machinery, and more.

- If you have any inquiries, please don't hesitate to reach out to us at:
 - surabhisupplies@auroville.org.in
 - +91 9843846458 WA/Call

lyyappan



- aurocabs@gmail.com / www.aurocabs.in
- Mob: +91 9443074825 / +91 9843734825
- Office: 0413 2623200 / 2623201
- Book Your Taxi!

Raju



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

Lakshmi for UTS Transport Service Team

AUROVELO



Greetings from Aurovelo! We have been storing some of our customers' bicycles for the past five years. If your bicycle is here, please come and pick it up.

Thank you again for choosing Team Aurovelo bicycles!

For any further queries, please feel free to contact us on +919488818063 WA.

Satch for Aurovelo, Bicycle store, Reve, Auroville, www.aurovelo.com

LATEST NEWS

from Inside India Travel Shop Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10am till 4pm, Landline 2623030 Monday to Friday. Saturdays only on appointment. He can also be contacted any-



Gulf airways special fare from Chennai to Milan

time via cell phone or by +91 9894598686, and by mail travelshop@inside-india.com

- Qatar airways offers are available from Chennai to Frankfurt
- Lufthansa lower fare is available from Chennai to London, Paris, Venice, Rome, Milan, Zurich, Madrid
- Emirates offers fare from Chennai to Paris, Lyon, Milan, Munich
- Etihad airways special fare is available from Chennai to Frankfurt, Paris

Several travelers were 'boarding denied' as check-in staff didn't accept the e-FRRO Stay Visa as valid document without backing it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available any longer, take at least a photocopy of the original Visa.

We invite English, French and German speaking persons who want to work as tour guides. If interested please write to insideindia@inside-india.com

Joster



VEGAN LUNCH IN RED DOT CAFE Low carb vegan office lunch in Red Dot Cafe,

Upasana.

Café Red Dot Sign-up lunch scheme.

upasanasred.cafe@gmail.com, Uma

0

Raju

ORGANIC QUALITY MILK AVAILABLE

Organic quality milk available, Morning/ Evening, from Sakthi Natural Garden

• For reservations contact 9585180393 *Erumalai (Evergreen)*



RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

• Please contact in advance for more information and booking. 8098845200.

South-Indian Cuisine Cooking Class

- Monday—Saturday, 10am and 5pm @ Creativity.
- Please book sessions in advance.

Thai Massage

• Monday—Saturday between 9am & 5pm. To book massage sessions or for more information, please contact personally.

Tailoring

We can tailor and customise any kinds of dresses, sariblouses and kurtas.

 For any of the above services, contact Phone/WA 8098845200, <u>rupavathijoy@gmail.com</u>

Rupavathi Joy



Chennai Airport, Saturday, 20 January, 7:45pm

To stay ECO friendly, I am very willing to share a taxi from Auroville to Chennai airport on Saturday, 20 January. Departure from Auroville Town hall at 7:45pm (19:45).



 Please contact: +34685673777
 WA or +917289907792 only SMS.

. Thanks Sunny



HUMANS FALL IN LOVE

Humans fall in love And out of it.

The Spirit rises in Love. It never falls Nor does it ever fail.

Rise, O Spirit! Raise us To Thy soaring heights. Sculpture us In Thy infinite images.

Warmly, Anandi

BIRD

Rain soaks woods and all. A tiny bird crosses the beaten path and hops on a fallen log. Her presence delights my existence.

> In joy and peace, Alka Balain

THE FIELDS OF AUROVILLE

And I, a child of the beneficent sun Walk my way through the fields of Auroville Thinking not of all that might have been But with faith that all is in becoming. We must not be troubled by any past Remonstrances or evil's we have faced But carry out the dharma that is ours And loving all proceed upon the way With gratitude for the opportunity To serve the Vision She has given us.

Narad

BALLAD OF THE MOON

Moon came to the forae in her petticoat of nard The boy looks and looks the boy looks at the Moon In the turbulent air Moon lifts up her arms showing—pure and sexy her beaten-tin breasts Run Moon run Moon Moon If the gypsies came white rings and white necklaces they would beat from your heart Boy will you let me dance when the gypsies come they'll find you on the anvil with your little eyes shut Run Moon run Moon Moon I hear the horses' hoofs Leave me boy! Don't walk on my lane of white starch

The horseman came beating the drum of the plains The boy at the forge has his little eyes shut Through the olive groves in bronze and in dreams here the gypsies come their heads riding high their eyelids hanging low

How the night heron sings how it sings in the tree Moon crosses the sky with a boy by the hand

At the forge the gypsies cry and then scream The wind watches watches the wind watches the Moon

By Federico García Lorca





LETTER FROM AVI BOARD to the Auroville Governing Board concerning the cutting of trees on the Crown Road

Respected Chairperson and respected members of the Governing Board,

It is with a deep feeling of shock and dismay that we have received the news of the recent unjustified massive tree felling in Auroville on a built section of the Crown Road between the Solar Kitchen and Mahalakshmi Home in the Center of the City.

We have learnt that those beautiful adult trees now cut down had been planted in 2002 as part of the Asia-Urbs project, partly funded by the European Commission, which had considered the planning and design of the Crown Road as innovative. The planning was then carried out by the office of Mr. Roger Anger, Auroville's Chief Architect appointed by the Mother, taking into account all infrastructure requirements and other indications of the Master Plan. If assets which are created with funding from sources such as the EC are not protected and are wantonly destroyed, it could make it impossible to access funds for future projects.

We, the Board of Auroville International (AVI), have always considered it one of our crucial tasks to follow the Mother's expressed wish to connect Auroville with the nations of the world and their governments, because 'it will do them good—it can do them a lot of good, a good that can be out of proportion to the appearance of their actions.' (Mother's Agenda, September 21, 1966)

Actions such as the current one, however, directly counteract this honorable task. Auroville's good international reputation, which has been built up over decades and is based in particular on its unique achievements in the restoration and reforestation of a formerly barren stretch of land, is being damaged to the utmost by this act of violence against nature. These actions are particularly incomprehensible at a time when green city centers are seen as one of the most effective countermeasures against the overheating and drying out of cities and their surroundings as a result of climate change.

It is especially painful to learn about this situation as the trees that are now falling victim to the chainsaws were all offsprings of the one big Service Tree standing at a sacred place, the Samadhi of The Mother and Sri Aurobindo in the Pondicherry ashram, as they were planted with seeds from this very tree. These wonderful trees were already used to provide welcome shade for the users of this major road. In addition to being the children or grandchildren of the ashram Service Tree, they were intended to reduce global warming by providing oxygen, providing shade to cool the planet, and absorbing carbon dioxide.

When we read in The Hindu's article dated Jan 04.24 on this subject that according to the Foundation spokesperson: 'Only trees that were planted in the right of way, either for timber or by residents as a mean of obstructing city development, **are the only ones being cut**, the Foundation reiterated', we can only state that the actual acts of the Foundation on-site do not in the least correspond with its words.

We believe that this is one action too far against which all Aurovilians, friends of Auroville and also Ecology's and Nature's friends must speak out. That's why we urge you to put a stop to any further useless tree felling and to work towards developing plans that avoid unnecessarily harsh interventions in Auroville's natural environment.

Let's not kill the beauty of Auroville! Let's not kill the beauty of the world!

Christian Feuillette, AVI Board Chairman, Friederike Muelhans, AVI Board Secretary

EMBRACING REALITY

At present, in the landscape of Auroville, the roots of progress are making its space clashing with the roots of the past. Though intricately intertwined with the nurturing soil of conscious evolution, recent events must spark a crucial rethink about the delicate balance between the future and nature.

As the RA Working Committee (RAWC), recognized by some fringe residents, who refuse to work or communicate with anyone, has articulated concerns and raised alarms about the tree felling along Crown Road, it's imperative and will be well-advised to view this moment not as a setback but as an opportunity to redefine Auroville's path forward—a path that harmonizes progress, instead of haphazard spurts of growth.

The sorrow expressed by the RAWC over the removal of Service Trees, initially planted with thoughtful intent, is undoubtedly heartfelt. However, the narrative can shift from lamentation to one of optimism, envisioning a future where further progress aligns seamlessly with Auroville's core values.

Understanding the Rationale

The recent tree cutting along the Crown Road, though disheartening, seems for some a crucial step towards unshackling Auroville from the prolonged paralysis caused by legal disputes and arbitrary impediments. The stay order obtained by two individuals in December 2021, claiming Auroville as a deemed forest, brought essential projects to a standstill. The subsequent stay by the National Green Tribunal (NGT) that Auroville somehow positioned Auroville as a forest or a deemed forest was a moment of anxiety for many Aurovilians.

The recent Supreme Court order, staying the NGT's jurisdiction until the next hearing on the 12th, has provided Auroville with the relief and liberty to resume its development. For some, eager to manifest the City, this has come as a great gift and they're trying hard to manifest as much and as fast as they can. This is only natural, when we all know that RA Working Groups are only working towards pausing, stopping, and blocking everything City. In the last two years of their existence as a breakaway, resistance group, they have not shown any signal of contributing towards the manifestation of the City. Every occasion of collaboration and communication was turned down by them, in the arrogance and hope of winning the cases and maintaining the status quo which conveniently suits their physical comfort and personal aspirations.

Thus, with the newly created narrow window of opportunity, work is being carried out at extraordinary speed. Is it ideal? No. But, what do we expect after filing 22 cases against Auroville Foundation? Will they invite the RA WGs and share the proposed plan? For it to be used to block again?

By secretly filing court cases and planting media stories, we have successfully taught the Secretariat the secret sauce called 'Element of Surprise'. I'm surprised why we are shocked. Did we ask the RAWC, why they didn't share and discuss their legal plans with the RESIDENTS before filing the case?

Nevertheless, it's crucial to recognize this as an opportunity for rejuvenation rather than dwelling on past challenges. The focus must now shift to a balanced and conscious approach to development, one that respects the Master Plan and acknowledges the need for certain trees to be cleared.

Balancing Nature and Development

The claim that Auroville is on the brink of destroying lakhs of trees is a distortion of reality. Auroville estimates that only a few thousand trees, a mere 0.16% of the total, will need to be felled to implement the Master Plan. Auroville currently boasts a remarkable ratio of ~1500 trees per capita, showcasing its commitment to maintaining a green and sustainable environment.

While the protest and activism against the felling of trees is understandable, on the part of volunteers and newcomers, it's essential to recognize that some of these trees were planted strategically in areas earmarked for collective infrastructure and future development. Had there been true empathy toward ecology, these trees would not have been planted on the proposed Right of Way. The trees were planted purposefully as a means to encroach on the Auroville lands for personal ambitions.

Now, it is unfortunate that the trees planted along the Crown are also being removed. However, thanks to all our arm-twisting tactics and refusal to budge, the work order has been given to the CPWD, and they're going by the Master Plan, to the tee. In the MP, the Crown is meant to be 30m and they're clearing the undergrowth according to that. Over the years, ATDC has planned to limit the Crown RoW to 16.7m, with a carriageway of about 7m in the middle, and an infra corridor on both sides of the road. Thus, 16.7m is being cleared of all the trees also.

Could we have collaborated with the ATDC and found a way for a tree corridor on both sides of the carriageway, even if that meant increasing the RoW to 4 or 5m more? Definitely yes! But, did we do anything about it? Definitely no! We were busy filing court cases and signing the RADs. The plantation, partially funded by the European Commission, was done with the full awareness that these trees might need to be removed to facilitate Auroville's progress. So, no point in raising that alarm. Even if they fall for the drama, and come crying to the Indian Government, we can easily give their money back, even though that guarantee was not ever given. I am sure the EC must be uneasy and embarrassed that we are playing petty politics using their name.

A Call for Unity

Instead of perpetuating a narrative of conflict, this is an opportunity for the Auroville community to come together and contribute to a positive and constructive vision for the future. While the loss of trees is regrettable, the spirit of Auroville lies in its ability to adapt and regenerate. If we collaborate and do not cut down on each other on every occasion, we can easily replant the trees and make the crown beautiful and bountiful, within 5 years. I've no doubts about it. I've seen Kalpana grow a thick green cover, within my short timespan spent there.

We need to recognize and realize that in the face of progress, Auroville has historically demonstrated resilience. Instances of tree clearance for projects like the Frisbee field, Humanscapes, or other essential developments have occurred in the past without causing division within the community. Cyclone Thane, a natural calamity that felled half a million trees, serves as a poignant reminder that nature can restore itself over time.

A Peaceful Path Forward

As Auroville navigates this critical circular juncture, the call for a peaceful and collaborative approach, from the silent and neutral quarter becomes more pronounced. The imperative now is to focus on sustainable practices, tree replantation, and aligning future development with the Master Plan. Auroville's commitment to conscious living should extend beyond individual preferences to a collective understanding that, at times, sacrifices are necessary for the greater good.

The ongoing tree cutting, when viewed in the context of the broader development goals, is a small step. The roads are not the end in itself. 11 Lines for Forces will come in the Residential Zone. 6 Lines for Forces will come in the Industrial Zone. Huge complexes like CIRHU and Stadium will soon appear. What we are witnessing is a preview, a trailer, not a full movie. If we come together and work together, we can uphold Auroville in not abandoning its commitment to a green environment. For that to happen, we cannot be angry all the time and cut off from the reality. We need to rather communicate, coordinate, and collaborate to adapt to the evolving needs of our growing City.

If anything, the recent concerns have shed light on the importance of open communication and community engagement in action-making processes. Moving forward, Auroville has an opportunity to set an example to the world for sustainable urban planning, where culture and nature coexist harmoniously. Embracing reality does not mean forsaking Auroville's unique identity. On the contrary, progress can be a catalyst for innovation, community collaboration, and the realization of the City's full potential. Auroville's founding vision envisioned a City that inspires the world—a City where future generations would find a home in Unity and Consciousness. Altogether, let us not be bound by the echoes of discord but liberated by the promise of a manifested Auroville. Together, as stewards of this conscious experiment, we can weave a narrative of progress that resonates with the purpose of the City, the founding principles, ecological needs, beauty and harmony, and the collective spirit that defines Auroville's soul.

Peace, Lakshay, AWARE

https://awareauroville.com/embracing-reality/

ANIMALS

Auroville has some animal farms, they are not similar to George Orwell's Animal Farm, where animals revolted against humans with the motto : 'four legs are good, two legs—bad'. I think ants and termites can say 'six legs are best' and spiders—'eight legs are better'.



Not long ago prof. N. Numen in Sri Lanka wrote the remarkable lines: 'Do not insult animals, animals are friends of human beings. You and I cannot live in a world without animals, animals do not throw bombs and kill people'.

Animals cannot live without plants, but plants need animals too. Bees and butterflies pollinate flowers. Wildlife of Auroville is the biocenosis of plants and animals. The great trees banyan and peepal live in symbiosis with pollinators—the tiny wasps.

Biocenosis of Auroville is an ecosystem, product of long evolution. New roads in the city are like knives which a murderer the natural body. These roads are a part of the global attacks of industry against nature. Asuric forces now are very strong but darkness will be defeated, light will win.

Industry was born in England. Colonial regime of India was born in this country. But 'Lux ex Oriente'—'Light is from the East'. Evil of the west is too weak for light. Industrial and colonial power retreats.

Long time ago, in England, they killed off the last of the wolves. The country hasn't full biodiversity. In India last chitta was killed in 1947, but now some specimens of the species were brought from Africa. **Boris**

THE TREES AND THE ROAD

I was on my scooter when I crossed an auro-angry woman on a motorbike. As she saw me, she shouted something nasty followed by a €uckoff!

About a week later, I was going towards the SolarKitchen via the new road in the making, and I was stopped by a group of people. Soon I recognised somebody from the media interface (AMI), the tree cutters and somebody from the town development (ATDC). Behind them I noticed a group of protesters led by some members of the previous administration, and they looked very auro-angry.

Anyway, I had to go all around to reach the cross of the SolarKitchen, and once I reached, I was basically at the back of the protesters. There I noticed more honorable members of the previous administration. In fact they made up the large majority of the protesters.

I watched from the distance the trees being taken down. Well, it's never pleasant to watch trees being cut. Later that day we all read on the massbulletin that the trees are being cut to place the cables. Obviously they wouldn't cut trees for no reason. I hope the town developers will eventually replace those trees because a road without trees is a little sad, especially during the hot summer days. We can only hope and trust that the job will be done consciously. After All it's in the hands of the guys at ATDC. One thing that must be said is that these guys are actually on the job. They don't just talk about it (for twenty years!).

In fact, when you think about it, if we are where we are now, it is because of the negligence of the previous administration.

One could debate that we could have made the crown road in cobblestone and with lots of trees. Yes maybe we could have, but we weren't doing anything except talking. And that's why there is so much excitement and drama today. If the previous administration had shown some sort of progress when they were in charge, surely there wouldn't be so much tension today.

So my personal message to the auroangry lady is: 'I am giving the €uckoff! back to you, because I don't need it. And also because I'm not responsible for the cutting of trees, but actually you are. Yes that's right, if we are all experiencing a strong approach today, it is because of your carelessness of yesterday'.



The point might not even be that the previous administration didn't want a cement road, maybe they wanted to change the design of the city altogether (see attached photo). I took this photo around 2020 or earlier. This was a poster attached on the glass door of the Town Hall's main entrance.

I think some people from the previous administration were trying to get the residents used to the idea of a new design for the city. Do you see the distortion on the Lines Of Force?

How inconscient has one got to be, not to see an esoteric design in the Matrimandir, the Crown Road and the Galaxy? Or perhaps the people of the previous administration did see the esoteric design, and they purposely wanted to deface it. And in that case, why? Why are these people so much against the galaxy design?

Recently a couple of guests asked me if I believe in Mother and developing a city in the shape of a galaxy hosting 50.000 people.

I told them that whether I am a disciple of Mother or not is irrelevant. I consider myself lucky and privileged to be living in Auroville, and the fact that I am living in Auroville I owe it to Mother. So whatever the plan, I will honor it.

I'm not asked to pay for it, or to lay down construction stones. All I have to do is sit back and watch the city manifest itself. *Gino*

Gil

THE VISION-GOAL OF AUROVILLE

To all who wish to consciously participate, here is the raison d'être of Auroville, this City of Dawn envisioned and founded by the Avatars Sri Aurobindo and the Mother:

The Vision-Goal is the Divine Manifestation of the new apex species the Supramental being.

Read very carefully the following with all the infolinks so you may fully understand the integral requirements of being in Auroville as it has evolved at this point in ever-unfolding time under the legislated management and supervision of the Ministry of Education of the Government of Bharat:

'The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.'

<u>https://auroville.org/page/a-true-aurovilian</u>

To anyone who is still too attached to the old ways of nature:

'It is, in fact, a revolt against the whole universal Nature.'

<u>https://incarnateword.in/agenda/12/decem-ber-11-1971</u>

'Man is a transitional being, he is not final.'

• <u>https://incarnateword.in/search?query=Man+is+a+tr</u> <u>ansitional+being&page=1&phrase=true</u>

Auroville as a cradle for this hastened and intensified evolutionary Vision-Goal must be fully and integrally prepared as a modern, future-oriented Gurukul within Bharat Mata, the Guru of the World, that can support all the psycho-spiritualphysical needs of the new generation of transitional beings whom are the ever-awaking and conscious bridges, willing servitors, Hero Warriors and torchbearers of the Divine Consciousness-Force towards the Divine Manifestation. The term 'City of Dawn', with the Matrimandir Gardens as a beautiful well-tended example, implies a Garden City, the management, upkeep and sustainability of which is a conscious psycho-spiritual-physical collective endeavour supported by the Rule of Law of Bharat Mata which is a necessity in this transitional human stage of evolution prior to the advent of the new apex species the Supramental being.

Our three Core Ideals are very clear on this:

<u>https://auroville.org/page/core-documents</u>

Our Avatar founders have given us more than enough guidance, as Sri Aurobindo reminds us pragmatically, applicable in the widest evolutionary context and dynamics of progressive Auroville within Bharat Mata:

'The anarchic is the true divine state of man in the end as in the beginning; but in between it would lead us straight to the devil and his kingdom.'

And adds that in the meantime:

'Governments, societies, kings, police, judges, institutions, churches, laws, customs, armies are temporary necessities imposed on us for a few groups of centuries because God has concealed His face from us. When it appears to us again in its truth and beauty, then in that light they will vanish.'

The Mother reiterates:

'One is free only when it is the Divine who makes decisions in each of us, otherwise men are the slaves of their desires, their habits, of all conventions, all laws, all rules.... And the more they think themselves free, the more bound they are!'

'And it will be the perfect government when everyone is conscious of the inner Divine and obeys Him and Him alone.'

https://incarnateword.in/agenda/11/february-7-1970

With all the individual uniques in varying levels of consciousnesses and capacities congregating here from all over the world, the central unifying glue of Auroville must be the Real-Idea Vision-Goal and guidance coming from our Avatar founders Sri Aurobindo and the Mother. These Integral Yogic Knowledge and Practices must be a conscious, consenting lived experience, otherwise it will be imposed by the Divine Consciousness-Force by crashing circumstances via the dynamic hierarchical power play of cosmic forces working through the human individuals themselves. This has always been so throughout human history and evolving life itself.

Thus we continue on as when the Mother opened Her arms and declares:

'I invite you to the Great Adventure...'

<u>https://youtu.be/sl411_IDMF4?si=1NV_AU-MO3L-zG625</u>

'Come what may!'

 <u>https://incarnateword.in/search?query=come+what+</u> may&page=1&auth=m&phrase=true

Zech, 2024.01.07

THE MAXIMUM

There is a maximum as well as a minimum, and that is to rise beyond this life into a higher existence, not necessarily for oneself alone or in order to leave the world and vanish into the Universal, but as the highest have done, as God Himself habitually does, to bring down the bliss, illumination and greatness of that higher existence into the material world of creatures. All that rises beyond the minimum to the maximum, even though it may not attain it, is the Para Dharma; the minimum is the apara. To be a good, unselfish and religious man is the apara or lower dharma; to reach God revealed and bring Him down to earth where He hides Himself, is the higher. This is the Secret Wisdom, which defeats itself if it remains forever secret. For this the great Avatars, Teachers and Lovers come, to reveal Him in divine knowledge, to reveal Him in mighty action, to reveal Him in utter delight and love. Sri Aurobindo

https://incarnateword.in/cwsa/01/passing-thoughts-i

Languages



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

If there is a language you would like to learn, and it's not on our list, please send us a query!

- Our first full-length publication: We are delighted to share that our first full-length publication, 'From Resonance to Bonding' by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies. Links below:
 - Amazon India: <u>https://amzn.eu/d/e4jhPpl</u>
 - Amazon.com: <u>https://a.co/d/cwpVBlj</u>

Looking for: Volunteer(s) capable of reading & writing Kannada & Telugu, for proof-reading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

Current Schedule of Classes

		-	
Language	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	10:30— 11:30am	Tuesday & Thursday
	Conversation February 2024	4—5pm	Tuesday & Thursday
French	Beginner To start 10 February 2024	2:30— 4:30pm	Saturday
	Conversation 1 To start 10 February 2024	10:30am— 12noon	
	Conversation 2 To start 5 February 2024	2:30— 3:30pm	Monday & Thursday
Tamil	Spoken Beginner To start January 2024	9:30— 10:30am	Tuesday & Friday
Sanskrit	Beginner To start January 2024	ТВА	ТВА
Hindi	Beginner January 2024	10:30am— 11:30am	Monday & Wednesday
German	A1.1 Beginner February 2024	9:30— 11am	Monday & Wednesday
	German Conversation February 2024	4—5pm	Tuesday & Thursday
Spanish	Beginner To start January 2024	2:30— 3:30pm	Monday & Wednesday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner To start December 2023	ТВА	ТВА
Italian	Beginner TBA	ТВА	ТВА
	Intermediate Started 14 December 2023	3—4pm 2:30— 3:30pm	Monday Thursday
Persian	Beginner To start January 2023	ТВА	ТВА

To join or enquire

Please fill out our form at <u>http://register.aurovillelan-guagelab.org/</u> You may also drop us an email at <u>info@au-rovillelanguagelab.org</u>, call us at 2623661 or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Tomatis

There are spaces available for both language & therapeutic programmes!

• Please contact 0413 3509932 or 0413 2622467 or email us at <u>tomatis@aurovillelanguagelab.org</u> to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <u>https://www.aurovillelanguagelab.org/tomatis-method.php</u>
- <u>https://www.aurovillelanguagelab.org/tomatis-kids.php</u>
- https://www.youtube.com/watch?v=wnpXprTI3m0
- <u>https://www.youtube.com/channel/UCeTIG0y-sBMlyy-wZNdZcAng/videos</u>
- <u>https://www.listenwell.com/</u>

The Language Lab is open

- Monday—Saturday, 9am—12noon & 2—5pm
- Location: International Zone, after Unity Pavilion & Pump House.
- Email: info@aurovillelanguagelab.org
- Phone: (0413) 2623661, 2622467, 919843030355
 Vismai, for Language Lab Team



FAMILY AND SYSTEMIC WORKSHOP

@ Creativity Hall Of Light
 Saturday, 20 January, 9am—6pm
 Contact 9751110486, Moghan

YOGA CLASSES in Bharat Nivas

We are starting a **daily drop-in** Yoga Classes in Bharat Niwas.

- Ashtanga Yoga from 8—9:30am.
- Hatha Yoga 4:30—6pm.
- Class is open for all levels.No pre reg-

istration required. With gratitude, Jessica

LETTING GO-LET IT BE

Intensive Workshop with Vega and Stefan @ Cripa, 4—8 February, 9am—1pm Letting go, letting be, letting come. A journey with and through our emotions.

Embark on a transformative self-exploration workshop, delving into emotions and distinguishing current from past baggage. Through powerful exercises like breathing, movement, inner parts work and others, participants will



experience a mix of intensities, fostering heightened selfawareness for conscious, authentic choices over impulsive reactions to fleeting emotions.

• Inquiry: <u>dancingtree.smile@gmail.com</u>

•

Registration form: Letting go, Letting be, Letting come—Google Forms

Warmly, Vega

INTRO AWARENESS THROUGH THE BODY

Intro Awareness Through the Body



with Suryamayi & Vega

All are welcome!

Saturday, January 13th, 9.15am - 12.15pm

advance registration required: suryamayi@auroville.org.in

suryamayi@auroville.org.in, Submitted by Vega

LETTING LOVE LEAD: FLOW GAMES Friday, 12 January, 4—7pm, in Auroville or Sunday, 14 January, 4—7:15 pm, Online

Do you want to shift into the frequency of love? Is there a challenging situation in your life that you want to see through the transformative lens of love, rather than fear? The Flow Game lends itself to a heart-infused process, through which we can transform stuckness. Bring a challenge that's alive in your heart. Discover your way to greater flow.



- Facilitators: Sandyra & Niharika
- Only 6 spots.
- Register now: <u>contact@auroville-jiva.com</u>, or +91 9833384580 WA. Warmly, Niharika

LETTING LOVE SPEAK: Activate Your Connection with the Divine Shakti Within

21 January, 9am—5pm in Auroville

Is your heart yearning to anchor into the Universal Love of the Great Mother? Do you find yourself sometimes stuck in fear, and long to shift into the frequency of love? By connecting with the aspects in which the Divine Shakti makes herself known: as Wisdom, Strength, Harmony and Creation; we aspire in this workshop to activate and access



our gateways into her infinite field of Love. We will use writing, art, meditation, mythical storytelling, and embodied practices to unlock our heart's capacity to unfold.

- Location: Bhumika Hall, Auroville.
- Facilitators: Sandyra & Niharika.
- Register now: <u>contact@auroville-jiva.com</u>, or +91 9443619403 WA. Warmly, Niharika

AUROMODE YOGA SPACE

January 2024 Schedule Registrations must for all the program. Email or WA us to know about the fees structure and other details.



balaganesh.siva@gmail.com +91 9892699804 WA only

Day	Time	Description
Monday to Friday	11am—12pm	Mobility with Karlakattai
Every Tuesday	5—6pm	Bollywood Dance for KIDS
Every Tuesday	6—7pm	Bollywood Dance for Adults
Every Friday	5:30—7pm	Vinyasa flow Asanas
Every Saturday	5:30—7pm	Vinyasa flow Asanas
Sunday, January 14 & January 28	10am—1pm	Tamil culture tour & temple visit
Every Sunday	5:30—7pm	Vinyasa flow Asanas

Vinyasa flow with Bala

Vinyasa Flow yoga is a style of yoga that emphasizes the coordination of breath and movement. It is a dynamic and fluid practice that links various yoga poses together in a sequence, creating a continuous flow of postures. Vinyasa Flow classes can vary in intensity and pace, making them accessible to practitioners of different levels.

- Date and Time :
 - Every Friday, 5:30 7pm
 - Every Saturday, 5:30 7pm
 - Every Sunday, 5:30 7pm

Mobility with Karlakattai

• Monday to Friday, 11am - 12pm

Ready to enhance your flexibility and mobility? Karlakattai, a traditional Indian wooden tool, might just be the key! Used for centuries in Tamil Nadu, Karlakattai is a simple yet effective aid for improving joint mobility and overall flexibility. Join



us every day to improve your overall posture correction.

Bollywood dance with Pranati

- Every Tuesday
 - Kids, 5 6pm
 - Adults, 6 7pm

Join us every Tuesday for an energetic dance session featuring choreography to Kollywood and Bollywood songs by Pranati, a versatile Bharatanatyam and contemporary dancer. Pranati believes that dance is for everyone, and with the added element of fun, it's incredibly easy for you to pick up the steps and start moving to the rhythm. Dance provides a fantastic outlet for you to sweat, let go of stress, and enjoy a good workout. No prior experience is necessary.

Tamil culture and temple visit

• Sunday, 14 January & 28 January, 10am - 12:30pm Embark on a captivating journey through the rich history of Tamils and Tamil Nadu! The Auroville region boasts temples dating back 1300 years, each with its own story of history and culture. Uncover the legends that foretold the arrival of Auroville some 600 years ago, and immerse yourself in the vibrant tapestry of Tamil Nadu's heritage. Join us and discover the timeless tales that have shaped the essence of Tamil culture & delve into the diverse facets of Tamil religion, culture, and local traditions.

YTTC:

Auroville Yoga 200 hr TTC schedule

Timing - 6 30 am to 9 30 am - 3 30 pm to 7 00 pm Daily Hatha & Vinyasa flow yoga sessions along with Pranayama.Meditation.Kriyas.

Yoga Philosophy of Patanjali and other texts.

Sequencing skills, subtle anatomy, mantra chanting Not just Asanas, but a complete lifestyle experience in the International town of Auroville.



Discover the joy of a disciplined, sustainable & injury free self practise and gain tools to teach others. Introduction to Kalaripayatu, Animal flow

Sound healing, Karma Yoga and more.

Internationally recognised Yoga Alliance, USA accredited Certification

200 hours-22 days- February 1 to 22, 2024 Contact -balaganesh.siva@gmail.com/WA + 91 98926 99804

Advanced 300 hr Yoga TTC, Auroville

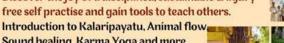
Timing - 6 30 am to 9 30 am - 3 30 pm to 7 00 pm Advanced Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.

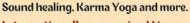
Yoga Philosophy of Patanjali and other texts.

Sequencing skills, subtle anatomy, mantra chanting

Not just Asanas, but a complete lifestyle experience in the International town of Auroville.

Discover the joy of a disciplined, sustainable & injury free self practise and gain tools to teach others.





Internationally recognised Yoga Alliance.USA accredited Certification

300 hours-29 days- March 1 to 29, 2024

Contact -balaganesh.siva@gmail.com/WA + 91 98926 99804

balaganesh.siva@gmail.com, WA +91 98926 99804, Bala

ARKA Wellness Center & Multipurpose Hall Regular activities, 0413 2623799

Treatments

Treatment	Therapist	when
Body Logic, Soft Mas- sage and Deep Tissue Massage.	Рере	Monday to Saturday by Appointment 9943410987
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana (TOS)	Monday to Saturday by Appointment 9047654157
In Nutrition, Diet, Weight Loss and Weight Management, Psycho- somatic.	Nadia (English & French)	Monday and Wednesday afternoon by Appointment: 9489035457
Kahuna, lomilomi Heartwork, hot stone Ili'lli.	Sang	Monday to Sunday 8807132468 +4591118176 WA
Psychospiritual Intro- spective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday By Appointment: 0413 2623767 antarcalli@yahoo.fr
Chinese Fire Cupping and Moxibustion Therapy	Chun: 8098900708	Monday to Saturday by Appointment

Classes

Classes	Teacher	when
Acro Yoga	Damien, by Appoint- ment: 9047722740	Monday: 3pm—4:30pm, Tuesday: 5—6:30pm For regular classes
Pilates	Teresa	Tuesday & Thursday 7:30— 8:30am. Friday: 5:30—6:30pm by Appointment: 7867998952
lyengar yoga	Olesya	Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by Appointment: 9159052743

Ramana, Arka, 0413 2623799.



Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. Contribution based

Massage Therapy

Therapies

Traditional body work using acupressure and deep tissue varma points healing methodologies. Contribution based

Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health.

- Contribution based.
- You can learn more about us and register at www.angamtree.com/therapies
- +91 9751395939, www.angamtree.com

Traditional Massage Therapy Classes

The certificate course has three levels: Basic: 10 Hours, Intermediate: 20 Hours, Advanced: 30 Hours



• Course modules: Varma Massage Therapy, Varma Touch Therapy, Varma Myology (Muscles), Varma Defense Methods

You can learn more about us at <u>www.angamtree.com</u>

Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

based, Contribution angamtree@auroville.org.in, +919751395939

Submitted by Raja

THE EMBODIED VOICE **Two-Day Intensive**

13—14 January at the Tibetan Pavilion

10am—12.30pm, 2pm—4.30pm Contact Shalini, shalini.voicework@gmail.com for more information.

Shalini

(1009 - 11 January 2023





Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes. Sonia



aurovilleholistic@gmail.com, christinep@auroville.org.in +919489805493 WA

For kinesio only: +33686928426 WA

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Ashtanga Yoga With Christine P No drop in	Every days @7:45 AM Except Sundays
Integrative & systemic psychotherapy w. Christine P	@ Holistic health care studio—Kuilapalayam
Acupressure Therapeutic Massage	@ Holistic health care
Kinesiology With Ricardo	@ New creation
Hypnotherapy	@ Holistic health care

The Ashtanga Yoga Classes

Are open to everyone/ beginners and advanced students. My purpose is to teach you each and every asanas that you will be able to practice on your own. If you have physical issues, I will adapt the asanas to your limitations. For that reason, the minimum participation is one week.

Our teaching is to help each student through the study and understanding of the system to overcome their fear, to increase their equanimity and to be able to purify their body. So you must subscribe before coming to the studio.

www.auroville-holistic.com, Christine

KINESIOLOGY JANUARY PROGRAM

New: Kinesiology courses beginning in New Creation

Brain Gym

Kinaesthetic education or Brain Gym is an approach that enhances skills and stimulates capabilities. It offers experiential learning based on movement and observation through playful and creative activities. Brain Gym courses aim to teach how to assist others and oneself in managing stress, releasing muscle tension, and rediscovering the joy of moving, learning, evolving, and succeeding.

- Level 1: 2 days, 15-16 January
- Level 2: 2 days, 17-18 January
- For more information on kinesiology courses and classes go to www.kinesiology-auroville.in
- Contact: +33686928426 WA only, yehovind@gmail.com, contact@kinesiology-auroville.in

Yehovind

DEEP SOUND BATH TIBETAN BOWLS

Hall of Light Creativity community Every Friday, 5—6:30pmr

There will be a Light massage by the Tlbetan Bowls. Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practice produces a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing. Drop in the Hall, no reservation needed. Please arrive 10 minutes before



- Toward contribution for guestsd and volunteers
- Aurovilians and Newcomers, conscious contribution Sathyayuga, +917639761930 WA

PITANGA **Program January 2024** Happy Pongal



Pitanga is closed on Tuesday, 16 and Wednesday, 17 January

Healing Space

• By appointment, 262403, 9443902403

- Acupuncture by Heidi (not from 26 January to 27 February)
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- Thai Massage by Juan

Youth activities

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

Teen Yoga, with Lisbeth Mondays, Wednesdays, 4pm—5:15pm

New Auroville school students, 5th grade onwards can join (sign up with Pitanga reception with your details & contact no.)

- Yoga for children, 5—8 yrs., with Gala Saturdays, 9am—10am
- Yoga for children, 7—9 yrs., with Gala Saturdays, 10am—11am
- Energy games for children, 9 yrs. +, with Gala Saturdays, 11am—12pm

No classes with Gala on Saturday, 13 and Monday, 15 January

Art Therapy class with Gala (with registration)

- Thursday 11, Friday, 12 January no classes.
- Thursdays, 3—5pm, for adults 0
- Fridays, 3-5pm, for families (children 5 years and older)

No classes with Gala on Saturday, 13 and Monday, 15 January

Drop-In Classes

	Class & teacher	Class level
Mondays		
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
4—5pm	Deep presence—Inner Exploration, with Mike.	All levels
Tuesdays		
9—10:30am	lyengar Yoga, Spine class, with Chloé	All levels,
4:45— 5:30pm	Odissi Dance with Rekha	Beginners
Wednesdays		
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
Thursdays		
4:30— 5:30pm	Aviva Exercise with Suriya- gandhi	For women only
4:30—6pm	Vocal Sound Healing with Lola, Restart on 11 January	All levels
Fridays		
6:45—8am	Pranayama with François & Namrita	For former 'The Art of Living' course participants
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
9—10am	Lola's ATB special for se- niors with Lola	Seniors
3—4pm	Weekly Readings of Savitri with Patricia	All are welcome to join
4:30— 5:30pm	Weekly Readings of The Life Divine with Balvinder	All are welcome to join.
5:15—6:15pm	Feldenkrais class with Shari restarting on 12 January	All levels
5:15— 6:15pm	For Giving Love Transmut- ing heavy emotions, with Marie-Claire	All are welcome!
Saturdays		
11am— 12:15pm	ATB explorations with Teresa	All are welcome to join
4:30pm— 5:30pm	Bodymusic with Anandi Z.	All are welcome to join

New Activities

• Restart on Thursday, 11 January

Vocal Sound Healing

• Every Thursday from 4:30—6pm with Lola

Practice and embody the power of the voice, your most potent healing instrument.

The voice is the only tool more powerful than the gong, especially your own voice, because you are self-generating the healing vibrations to shift en-



ergetic blocks. The practice is about opening yourself up to a new way of exploring your voice. Immerse yourself in this session, discover your own voice, take a step to experiment through sound, music and movement. No experience is needed.

For Giving Love

• Weekly session on Fridays from 5:15—6:15pm

Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.



Dr Laskow's tools guide you through a process of forgive-

ness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It's simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

This is a drop-in event. No prior registration is necessary. Please arrive on time. Late arrivals cannot be accommodated in the class.

ATB explorations (Awareness through the body)

• Every Saturday from 11am to 12:15pm.

A joyful space for discovering oneself and developing attention and relaxation.

'Whatever you may want to do in life, one thing is absolutely indispensable and at the basis of everything, the capacity of concentrating attention.' The Mother



All are welcome, Drop-in session.

With love and gratitude Teresa

If you wish to receive our program of activities by email, please write to us: <u>info@pitanga.in</u>.

Submitted by Verena

erite

VERITÉ PROGRAMS January 2024

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: programming@verite.in
- Website: www.verite.in

Workshops (pre-registration required)

Sunday, January 12, 13, & 14Tuning Life Energy4:45pmTuesday, January 16Understanding Pranayama & Its Practice in Asanas & Meditation9:15am— 12pmRadhika Radhika				
Sunday, January 12, 13, & 14Tuning Life Energy4:45pmTuesday, January 16Understanding Pranayama & Its Practice in Asanas & Meditation9:15am— 12pmRadhika RadhikaFriday, Saturday & Sunday, January 19, 20 & 21Self-Awareness & Love9:15am— 4:45pmAnanda 4:45pmSaturday, January 20Face & Eye Yoga: Face Your Self2— 4:45pmMamta BijouFriday, January 26Yoga Therapy for Back Pain9:15am— 12pmBijouSaturday, January 27Master Class: Mantra, Breathing & Asanas9:15am— 12pmAndres	Day & Date		Timings	
January 16Pranayama & Its Practice in Asanas & Meditation12pmFriday, Saturday & Sunday, January 19, 20 & 21Self-Awareness & Love9:15am— 4:45pmAnanda Ananda 4:45pmSaturday, January 20Face & Eye Yoga: Face Your Self2— 4:45pmMamta Bijou 12pmFriday, January 26Yoga Therapy for Back Pain9:15am— 12pmBijou Saturday, 12pmSaturday, January 26Master Class: Mantra, Breathing & Asanas9:15am— 12pmAndres 12pm	Sunday, January	U U		Ananda
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January 20Face Your Self4:45pmFriday, January 26Yoga Therapy for Back Pain9:15am— 12pmBijou 	Sunday, January			Ananda
January 26for Back Pain12pmSaturday, January 27Master Class: Mantra, Breathing & Asanas9:15am— 12pmAndres	1.	, 0	-	Mamta
January 27 Breathing & Asanas 12pm	1.	0 17		Bijou
	1.	Breathing & Asanas		Andres

Yoga & Re-creation Programs

- 3-	& Re-creation Programs		
Days	Drop-in Classes	Timings	Presenters
days	Gentle Hatha Yoga (no class January 1)	7:30— 8.30am	Claire
	Pranayama & Meditation (no class January 29)	9:15— 10:15am	Radhika
	Hips Opening Immersion	10:45— 11:45am	Abharana
Mondays	Yin Yoga Nidra (no class January 1)	3:30— 4:30pm	Bijou
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga (no class January 1)	5—6pm	Andres
	Sivananda Yoga (no class January 16)	7:30— 8.30am	Mani
lays	Yoga Asana: Deep Stretch & Relaxation (no class January 30)	9:15— 10:15am	Radha
Tuesdays	Face & Eye Yoga	3:30— 4:30pm	Mamta
	Vinyasa Flow (no class January 23)	5—6pm	Rebeca
	Movement & Yoga Nidra	5—6pm	Abharana
	Gentle Hatha Yoga	9:15— 10:15am	Claire
Jays	Twists & Balance	10:45— 11:45am	Abharana
Wednesdays	Yin Yoga Nidra (no class January 3)	3:30— 4:30pm	Bijou
3	Kirtan- Songs for Your Soul	5—6pm	Mamta & Savitri
	Hatha Vinyasa Yoga	5—6pm	Andres
	Sivananda Yoga	7:30— 8.30am	Mani
sye	Yoga for Inner Alignment— Pranayama & Asanas	9:15— 10:15am	Radhika
Thursdays	Open Heart Space Meditation	3:30— 4:30pm	Samrat
-	Vinyasa Flow (no class January 25)	5—6pm	Rebeca
	Somatic Exploration	5—6pm	Seza
	Yoga Asana: Deep Stretch & Relaxation	7:30— 8.30am	Radha
S	Heart Opening Yoga (no class January 5 & 12)	10:45— 11:45am	Abharana
Fridays	Hatha Vinyasa Yoga	5—6pm	Andres
Fr	Free Flow Dance & Movement	5—6:30pm	Vega
	Regeneration Circle: Voices of Wholeness	7.30— 8.30pm	Nadim
SVE	Peace with Pranayama (no class January 13)	7:30— 8.30am	Mamta
Saturdays	Sivananda Yoga	5—6pm	Mani
Sati	Mindful Flow—Awaken in	5—6pm	Savitri

Therapies (by appointment only)

Therapies (By Appointment Only)	Therapist
Thai Yoga Massage	Andres
Private Yoga Session / Yoga Therapy	Andres
Individual Self-Work With Clay	Megha
Biodynamic Craniosacral Therapy	Mila
Integrated Craniosacral & Foot Reflex- ology	Radhika
Craniosacral Therapy	Radhika

Savitri, Programs Coordinator, Vérité Programming

VÉRITÉ WORKSHOPS

Pre-registration required

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083
- Email: programming@verite.in
- Website: <u>www.verite.in</u>

Prana Yoga: Tuning Life Energy with Ananda

• Friday, Saturday & Sunday, 12, 13 & 14 January, 9:15am—4.45pm

Prana is the universal life energy. Yoga is tuning bodymind-spirit to wholeness. Prana Yoga is based on Hatha yoga, Pranayama, Meditations & Siddha. Through conscious postures, breathing, movement & stillness open the self-enhancing, transforming, healing, grounding & tuning the energy flow to detox, rejuvenate the body-mind-energy, build immunity, enhance sensitivity, perception, expand awareness, enrich self-healing, and open to higher states of consciousness.

Understanding Pranayama and its Practice in Asanas and Meditation with Radhika

Tuesday, January 16, 9:15am—12pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

Self-Awareness & Love with Ananda

 Friday, Saturday & Sunday, 19, 20 & 21 January, 9:15am—4:45pm

Love and Awareness are two wings of the bird to fly in the open sky of life'.

Simple, practical daily life tools for clarity, flow, health, happiness, peace, & conscious relating.

- Experiential Inner journey retreat for Self discovery & Healing with Awareness Exercises, Meditations, Psychology & Inner Science
- Deepen Body connection, Mind observation, Emotion Exploration & Energy tuning
- Explore needs, assumptions, beliefs, projections & triggers
- Rejuvenate Inner Child, Enhance flow, Enrich presence and Reaction to Response
- Express what is unexpressed, change what is changeable, accept what is not changeable, transform, transcend & evolve with loving awareness
- Simple and practical tools to integrate in daily life for clarity, flow, health, happiness, peace, conscious relating & growth

Face & Eye Yoga: Face your Self Mamta

• Saturday, January 20, 2—4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Kathir, for Vérité Programming

QUIET HEALING CENTER



Watsu® Basic with Petra

 Tuesday, 23 & Wednesday, 24 January 8:45am—6:30pm, 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic course introduces the necessary qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you'll practice basic techniques and essential qualities such as grounding, presence, stillness, movement, and attention, while holding and moving another person in water. You'll experience floating other people and being floated, thereby opening new pathways for deep relaxation and nurturing body, mind and spirit.

• Prerequisites: no previous experience required. Certificate upon completion of the course.

Holistic Hand & Foot Reflexology Training with Ananda

- Wednesday, 24—Sunday, 28 January,
 - 9:30am—6pm, 30 hours

Holistic Reflexology is a deeply relaxing, healing & balancing tool for body-mind-energy. With meditative presence, loving energy & by activating and relaxing nerve endpoints, lymphatic nodes and energy points in hands and feet, we support harmonizing internal organs, blood circulation, nervous, hormonal, lymphatic systems and boost immunity.

In this training, you'll learn and practice: anatomy of physical & energy bodies and hand & foot reflexology maps; hand & foot reflexology techniques and sequences for organs, nervous, lymphatic, hormonal and energy balancing; lymphatic flush drainage sequence for detoxification; warm-up, self-healing, theory, practice, exchange sessions and integration; meditations to be open channel of presence and loving energy; effective ways to give deep healing sessions effortlessly; client reading and connection, flow, and after session support.

This training is for anyone, who wants to heal oneself, learn an effective art & science of healing and work professionally with Holistic Reflexology, share love and healing touch with family and friends, or is already into healing and aims to make the work more effective and effortless.

• No previous experience required. Certificate upon completion of the course.

Watsu® & Meditation with Dariya

 Thursday, 25 & Friday, 26 January 9am—6pm, 15 hours

Meditation is an important tool to listen, accept and know ourselves, and to become more intuitive towards others. In

our understanding, the purpose of meditation is to cultivate presence and peace of mind, which foster possibilities to connect to our unique essence and the world around us. It also encourages the development of our intuition and perception through the heart, while allowing a sharper awareness through the rational mind. This might at times support making choices from a deeper and more authentic place.

Meditation essentially helps to develop our capacity for personal expansion and is the basis for our ability to deeply listen to and be fully present with the person we float during a Watsu session.

• Prerequisites: Watsu® Basic. Certificate upon completion of the course.

Watsu® for Babies with Dariya

Tuesday, 1 February, 8:45am—6pm, 8 hours

Watsu for Babies is a beautiful and spontaneous way of experiencing the first childhood years and is open to all those, who would like to feel the joy of being in water with babies.

In this course, you'll discover that emotions arising from spontaneous movements in water open up extraordinary borders; they allow us to be in the present moment, simply listening to the breathing of the baby, while being supported by the healing powers of water.

Through some Tantsu and Ai-Chi exercises on land, you'll start listening to yourself and to the baby you hold in your arms. You'll also learn possible transitions of the Watsu sequence in order to expand it in creative ways for babies. Thanks to the collaboration with Gianni De Stefani, a senior WABA instructor, Dr. Riccardo Palumbo has been able to develop a new massage, which is introduced in this course to bring Watsu into the world of babies.

• Prerequisite: Watsu® Basic or a degree to work with babies in water. Certificate upon completion of the course.

Holistic Rebalancing Massage Training with Ananda

Friday, 2—Sunday, 11 February 9:30am—6pm, 50 hours

This 10-day training offers an intense, effective and powerful rebalancing tool for body-mind-energy through massage and healing touch.

During Module 1, you'll learn techniques from joint release, deep tissue massage, myofascial & cranio-sacral therapy work, Tibetan pulsing, Reflexology, vital Varma points, breath work, and tools for body awareness, in addition to the anatomy of the physical & energy bodies and the five ways of touch to balance the five elements: water, fire, air, earth, and space. You'll also learn how to prepare yourself through yoga practices & meditation and offer effective, deep and professional healing sessions by applying a unique combination of tools with the right intelligence and intuition.

Module 2 builds upon the foundation of Module 1, which focused on developing expertise with spine, sacrum and neck, and teaches how to work on the front of the body with sensitivity and care: chest, belly, pelvis, and specific vital internal organs. You'll also learn how to support the body for pregnant woman and physically challenged, get acquainted with more Tibetan pulsing circuits and Varma points to open and heal the energetic & nervous system, with reading various body types according to Ayurveda and choosing the flow of a session and techniques accordingly, thereby offering a nurturing space for deep healing and inner transformation.

This training is for anyone, who wants to heal oneself, learn an effective art & science of healing and work professionally with Holistic Rebalancing massage, share love and healing touch with family and friends, or is already into healing and aims to make the work more effective and effortless.

• No previous experience required. Certificate upon completion of the course.

www.quiethealingcenter.info/ quiet@auroville.org.in

Mobile & WA: +91 9488084966, Guido



ECO FILM CLUB Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest



- Sadhana Forest for the Eco Film Club Eco Film Club begins with 'previews' of short 18.30 Sadhana Forest films
- 20:00 Dinner is served

18:00

21:15 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

For more information about the bus service please contact Sadhana Forest at 8525038274.

**Note: Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 19 January Planet Earth: Deserts

2017 / 49 minutes / Alastair Fothergill

In this film, narrated by David Attenborough, we take a look at deserts, which cover a third of the Earth's land surface. From space they appear lifeless but a closer look reveals a different picture. Deserts, in fact, are surprisingly teeming with life! Shek

AUROVILLE FILM FESTIVAL 22–28 JANUARY 2024: A Reflective Gathering in Challenging Times

Addressing the Essence of Our Gathering

In the midst of the challenges we cur-AUROV LLE 20 8 TH F LM 24 rently face, the Auroville Film Festival 2024 stands not as a conventional celebration but as a contemplative and reflective gathering. We come together not to celebrate in the traditional sense, but to engage in a collective introspection, exploring through cinema the deeper meanings of what Auroville stands for, especially in turbulent times.

Films as Mediums of Reflection and Understanding

International Films: Reflecting on Global Unity and **Resilience**

The festival's international film selection, including 'All That Breathes,' 'Apnea,' and 'Aware: Glimpses of Consciousness,' serves as a mirror to the world's current state, prompting us to ponder our role in fostering glob-al unity and addressing pressing issues.

Auroville's Cinematic Contributions: Expressions of Inner Quest

Locally produced films like 'A MAATTRAM (A Change)' and 'ADITHALAM (Basic Education)' are not just creative outputs but reflections of our inner quests. They provoke thought about our values and actions in the face of adversity and our pursuit of human unity.

Why This 'Festival' Now?

This gathering, which we call a 'festival' in the broadest sense, is an opportunity to pause and look within, to question and understand. It's a platform for us to explore what human unity truly means amid global unrest and violence. It's a time to reaffirm our commitment to the ideals of Auroville and to actively engage in dialogues that challenge and inspire us.

A Call for Thoughtful Participation

We invite the community to join this introspective journey, to engage with the films not just as spectators but as participants in a larger conversation about our collective future. This is a time for us to gather, not in festivity, but in solidarity and thoughtful contemplation.

For more information on our program and the deeper themes we will be exploring, we encourage you to visit our website and join us in this meaningful engagement. We will be screening films and hosting discussions at the Town Hall and online. Make your own film statement at the Kino Kabaret. There will be an opportunity to relax before the screenings over a meal at the concurrent Auroville Food Festival, listening to the best of Auroville musicians.

Together, let's embark on this reflective journey, reaffirming our dedication to the ideals of Auroville and exploring our role in shaping a world grounded in unity and understanding.

- filmfestival.auroville.org
- https://app.entertainmentoxygen.com/festivals/aurovillefilmfestival

Find us on FB and Instagram

aurovillefilmfestival@auroville.org.in

Thank you, Krishna



CINEMA PARADISO Multimedia Center (MMC) Auditorium

On Monday, 15 January 2024 @ 8pm @ Cinema Paradiso, Auroville

First Ray Films & Victor Mukherjee's



Lakadbaggha-1(The Hyena-Part1)

India, 2023, Dir. Victor Mukherjee w/Anshuman Jha, Ridhi Dogra, Milind Soman, and others, Action-Thriller, Hindi-Bengali-English w/ English subtitles, 111 mins, Rated: U/A (PG-13)

Street dogs across Kolkata are disappearing. An antagonist runs a wicked agency using the port to sell animals, rare turtles, birds and more. He also takes illegal contracts from Bengali bhadralok (gentlefolk) to eliminate "disturbing" street dogs. Based deep inside Chinatown the agency runs a biryani racket using dog meat and has an iconic restaurant/ Pet Shop as facades. The kingpin has the local municipality in his pocket. His men lose a Hyena that was kidnapped from Corbett for trade. In the process they became involved with the wrong simpleton, a 27 yrs old who fights for the Safety of Stray dogs in Kolkata. This screening is made possible by generous sharing by the film team. The lead actor Anshuman Jha will be present for a brief Q&A at the end of the screening. Don't Miss!





CINEMA PARADISO Multimedia Center (MMC) Auditorium Film Program 15 January 2024 to 21 January 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Indian—Monday 15 January, 8pm LAKADBAGGHA-1(The Hyena-Part1)

India, 2023, Dir. Victor Mukherjee w/Anshuman Jha, Ridhi Dogra, Milind Soman, and others, Action-Thriller, 111mins, Hindi-Bengali-English w/ English subtitles, Rated: U/A (PG-13)

Street dogs across Kolkata are disappearing. An antagonist runs a wicked agency using the port to sell animals, rare turtles, birds and more. He also takes illegal contracts from Bengali bhadralok (gentlefolk) to eliminate "disturbing" street dogs. Based deep inside Chinatown the agency runs a biryani racket using dog meat and has an iconic restaurant/ Pet Shop as facades. The kingpin has the local municipality in his pocket. His men lose a Hyena that was kidnapped from Corbett for trade. In the process they involved with the wrong simpleton, a 27yrs old who fights for the Safety of Stray dogs in Kolkata. The screening is made possible by generous sharing by First Ray Films. The lead actor Anshuman Jha will be present for a brief Q&A at the end of the screening.

Potpourri—Tuesday 16 January, 8pm THE RED SHOES

UK, 1948, Dir. Michael Powell& Emeric Pressburger w/Anton Walbrook, Marius Goring, and others, Drama-Music, 135mins, English-French-Russian w/ English subtitles, Rated: NR (PG)

Under the authoritarian rule of charismatic ballet impresario Boris Lermontov, his proteges excel, but at a price: utter devotion to their art and complete loyalty to Lermontov himself. His student, ballerina Victoria is poised for superstardom, but she falls in love with Julian, composer. As Lermontov is staging to showcase her talents, Vicky leaves the company and marries Julian, but still finds herself torn in her decision.

Interesting—Wednesday 17 January, 8pm TWO HORSES OF GENGHIS KHAN (Das Lied von den zwei Pferden)

Germany-Mongolia, 2009, Writer-Dir.Byambasuren Davaa w/Urna Chahar-Tugchi, Hicheengui Sambuu, Chimed Dolgor, and others, Documentary, 90mins, Mongolian w/English subtitles, Rated: NR

A promise, a broken horse-head violin and a song believed lost lead the singer Urna to Outer Mongolia. Her grandmother had to destroy her beloved violin during the Chinese Cultural Revolution that had the ancient song of the Mongols engraved its neck. Only the neck and the head of the violin survived. To fulfill a promise to her grandma, Urna brings these parts to Hicheengui, a renowned horsehead violin maker in Ulan Bator, to rebuild its body. She then goes interior to find the song's missing verses. But no one seem to remember the old melody of the Mongols.

Selection—Thursday 18 January, 8pm THE TIME THAT REMAINS

France-Belgium-Italy-UK-UAE-Occupied Palestinian Territory-Israel, 2009, Writer-Dir. Elia Suleiman w/Menashe Noy, Elia Suleiman, Baher Agbariya, and others, Drama-History, 109 mins, Arabic-Hebrew-English w/English subtitles, Rated: NR (PG)

A deeply personal film for the director, as he uses his own family as a microcosm of a greater Palestinian plight, from 1948 to the present day when the film was made.

International—Saturday, 20 January, 8pm PAST LIVES

USA-S.Korea, 2023, Writer-Dir. Celine Song w/Greta Lee, Teo Yoo, John Magaro, and others, Drama, 105 mins, Korean- English-Mandarin-French w/English subtitles, Rated: PG-13

In Korea, Na Young(girl) and Hae Sung(boy) are schoolmates and good friends. Na Young moves to Canada and then to New York with her parents. She becomes a playwright and takes the name Nora. Hae Sung continues living in Korea, becomes an engineer, and eventually takes up a job. They still keep in touch. Nora is happily married to Arthur, an American and Hae visits them in New York. Is there any future for Nora and Hae's relationship?

Children's Matinee - Sunday, 21 January, 4pm MARS NEEDS MOMS

USA-UK, 2011, Writer-Dir. Simon Wells w/Seth Green, Joan Cusack, Dan Fogler, and others, Animation-Adventure, 88mins, English w/ English subtitles, Rated: PG

On Mars, the female babies are nursed by robots and the male babies are dumped in the junkyard under the command of Supervisor. Martians research Earth and finds a boy Milo who is raised by his Mom with love and discipline. The Martians abducts Mom, to use her brain to train the robots how to raise children. Milo sneaks into the spaceship, makes new friends, and tries to rescue his Mom. But the task is not easy.

French Classics @ Ciné-Club:

Ciné-Club Sunday 14 January, 8pm JEANNE LA PUCELLE 2: LES PRISONS (Joan the Maid 2: The Prisons)

France, 1994, Dir. Jaques Rivette w/ Sandrine Bonnair, André Marcon and others, Biography—History, 175 mins, French w/ English subtitles, Rated: PG.

Sequel of the film screened last week, this one continues with Joan and the Dauphin of France embarking on a series of victories. But Joan is eventually captured and imprisoned. She is tried for sorcery, impurity, wearing men's clothing, and refusing to submit to English rule, then condemned as a heretic and burned at the stake.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

To organize a seminar/program at MMC kindly email us at <u>mmcauditorium@auroville.org.in</u>. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution.

Thanking You, Nina and Marco for MMC/CP Group Account #105106



At Multi Media Centre Auditorium, Town Hall

• Reminder: Friday, 12 January, 8pm Turn Your Body To The Sun By Aliona Van Der Horst, Netherlands, 2021

• And Friday, 19 January, 8pm, Home

Director: Franka Potente, Germany, France, Netherlands, 2020

With: Jake McLaughlin, Kathy Bates, Aisling Franciosi

Overview: Home is a film written and directed by German actress Franka Potente -who sprang to success with Run Lola Run, followed by Hollywood roles in The Bourne Identity and The Bourne Supremacy. An international coproduction shot in California, the film is her feature directorial début. It tells the story of Marvin, a 40-year-old felon who returns to his Californian home town after serving a nearly twenty year sentence for murder. Receiving a cold reception from the community, he's forced to confront his past as he tries to reconnect with his terminally ill mother, Bernadette... But the question is: can a repentant lawbreaker find forgiveness in the blind prejudice of provincial America? A profoundly human and simple film about violence, mistakes, regrets, forgiveness but also the joys that life offers, even when things aren't going so well...

Original English version with English Subtitles, Duration: 1h40' Surya for the Aurofilm Team



Extraordinary No. 18, New Delhi, Thursday, January 4, 2024

AUROVILLE FOUNDATION NOTIFICATION

Tamil Nadu, 19 December, 2023

3. Functions of Admissions and Terminations Registry

The Admissions and Terminations Registry shall

- a. render secretarial assistance to the Admissions and Terminations Scrutinising Committee, Secretary or Appellate Committee, as the case may be, in respect of admission and termination of residents, newcomers, volunteers and for applications related to visa matters thereof;
- b. receive applications for admission to Auroville, verify and remove defects in the application in consultation with the applicant;
- c. verify participation in mandatory orientation courses and completion of probation or minimum residence period, as the case may be, by the applicant;
- d. notify the Residents Assembly regarding any application for admission of newcomer or resident for a period of time as specified in these regulations;
- e. receive and compile complaints and objections from the Residents Assembly for admission of any newcomer or resident;
- f. supply validated copy of the complaints and objections, maintaining confidentiality of the name of the resident, to the applicant for response;
- g. receive and compile applications related to visa matters for verification and recommendation by Admissions and Terminations Scrutinising Committee to Secretary;
- h. receive and compile complaints, information or reports against any volunteer or newcomer or resident for violation of the Auroville Admission Criteria and Auroville Residence Criteria;
- i. supply validated copy of the complaints and objections, maintaining confidentiality of the name of the complainant, to the person concerned for response;

- receive appeals in respect of admission and termination of newcomers, residents and volunteers for consideration by Appellate Committee;
- k. assist Secretary in maintaining and updating Register of Residents;
- I. maintain separate list of newcomers and volunteers;
- m. maintain list of mentors, from which the Secretary, shall appoint a mentor to a volunteer or a newcomer upon approval of respective application as specified in regulations 7 and 8, respectively;
- n. conduct a survey of the persons residing in Auroville, annually, in such manner as may be specified by the Governing Board from time to time, and submit its report to the Governing Board through the Admissions and Terminations Scrutinising Committee and Secretary thereon for updating the R egister of Residents; and
- o. call for nominations from the Residents Assembly for the Admissions and Terminations Scrutinising Committee, receive and compile such nominations for placing in the Governing Board.

4. Constitution of Admissions and Terminations Scrutinising Committee

- 1. Admissions and Terminations Scrutinising Committee shall have five members, and among them at least two members shall be residents nominated by the Governing Board based on a call for nomination from the Residents Assembly.
- 2. The Non-Resident members of the Committee shall be nominated by the Chairperson of the Governing Board and shall be persons having knowledge and expertise in the field of administration;
- **3**. The Governing Board shall assign a chair for the Committee from among the five members nominated.
- 4. The Committee shall have a tenure of three years or till such time the Committee is reconstituted.

5. Admissions and Terminations Scrutinising Committee.

The Admissions and Terminations Scrutinising Committee shall

- a. scrutinize all applications for admission as volunteers, newcomers or residents received through the Admissions and Terminations Registry and decide each case on merit and after completing due process of consultation with the Residents' Assembly and convey its decision to the Secretary;
- b. verify applications related to visa matters received through Admissions and Terminations Registry and recommend to the Secretary for an appropriate visa for an applicant and his or her descendants or wards;
- c. scrutinize all complaints, information or report received against a volunteer, a newcomer or resident through the Admissions and Terminations Registry and decide each case on merit, and after completing due process of consultation with the Residents' Assembly, and convey its recommendations to the Secretary; and
- d. scrutinize the annual survey report submitted by the Admissions and Terminations Registry of the persons residing in Auroville and furnish it to the Secretary for placing before the Governing Board.

6. Admission of individuals in the Register of Residents or in the lists.

The admission of an individual in the Register of Residents or in the lists shall pass the following stages, namely:

- a. volunteer, shall go through a probationary period, as provided for in sub-regulation (7) of regulation 7 and shall attend the Auroville Orientation Programme;
- b. newcomer, who shall have completed the probationary period as a volunteer and following procedure as provided under regulation 8, is entered in the list of newcomers; and

c. resident, shall have completed twelve months residence in Auroville as a newcomer and whose name is entered in the Register of Residents following the procedure provided under regulation 9.

7. Procedure to become a volunteer.

- Any individual who wishes to be a part of Auroville, may submit an application in the format as may be provided by the Admissions and Terminations Scrutinising Committee along with a declaration that he or she is not in violation of any Auroville Admissions Criteria specified in Schedule I, to the Admissions and Terminations Registry.
- The Admission and Termination Registry shall scrutinize the applications and remove defects, if any, in consultation with the applicant and submit to the Admissions and Terminations Scrutinising Committee within a period of seven days of receipt of the application complete in all respects.
- 3. The Admissions and Terminations Scrutinising Committee shall scrutinize and decide upon the application within seven days of receipt of application from the Admissions and Terminations Registry and the Admissions and Terminations Scrutinising Committee may invite the applicant for an interview before making its decision.
- 4. The decision of the Admissions and Terminations Scrutinising Committee shall be submitted to the Secretary by the Admissions and Terminations Registry within two working days of its receipt from the Committee.
- 5. The Secretary shall either accept the decision of the Admissions and Terminations Scrutinising Committee or disagree for reasons to be recorded in writing within seven days of submission of the case by the Admissions and Terminations Registry.
- 6. In case of rejection of application, reasons for the same shall be communicated to the applicant.
- 7. Upon approval of application by the Secretary, the person shall be deemed to be a volunteer and shall be permitted to reside in Auroville for initial probation period of three months, extendable up to a maximum of one year.
- 8. The volunteer shall necessarily complete the Auroville Orientation Programme organized by the Human Resource Service during the initial probation period.
- **9**. A volunteer may seek extension of probation period by submitting an application to the Admissions and Terminations Registry at least fifteen days prior to the expiry of the initial probationary period and such application shall be processed in the same manner as the application for becoming a volunteer.
- **10**. The volunteer shall meet his or her own expenses for staying in Auroville, but in certain cases Auroville Foundation may provide maintenance.

8. Procedure to become a newcomer.

- 1. A volunteer who wishes to become a newcomer shall make an application to the Admissions and Terminations Registry, not earlier than fifteen days before the expiry of the probation period.
- 2. The Admissions and Terminations Registry shall register the application for a newcomer after verifying that the applicant has completed at least three-month period as a volunteer in Auroville, and has completed the Auroville Orientation Programme.
- 3. The Admissions and Terminations Registry shall put up the name and relevant details of the applicant on the website of Auroville Foundation, send emails to all residents at their registered email IDs and display on the notice board of the Foundation, inviting the residents to respond within a period of fourteen days to indicate with reasons whether the applicant may be allowed admission as a newcomer.
- 4. If any resident has raised any objection on the admission of a newcomer, it shall be accompanied by a written declaration as provided in Appendix B, and proof of the alleged violation committed by the applicant, if any.

- 5. (5) A copy of the validated declaration submitted by a resident raising objection shall be supplied to the applicant, to furnish a response in writing to such feedback within seven days of the last date for furnishing feedback and the confidentiality of the name of the resident shall be maintained.
- 6. The Admissions and Terminations Registry shall compile feedbacks, if any, and response of the applicant and submit to the Admissions and Terminations Scrutinising Committee.
- 7. The Admissions and Terminations Scrutinising Committee shall decide each case on merit guided by the conduct of the volunteer, Charter and Auroville Admissions Criteria and Auroville Residence Criteria; and shall communicate its decision to the Admissions and Terminations Registry within seven days of submission of the case. The Admissions and Terminations Scrutinising Committee may invite the applicant for an interview before making its decision.
- 8. The Admissions and Terminations Registry shall submit the case to the Secretary within two working days of decision being communicated by the Admissions and Terminations Scrutinising Committee.
- **9**. The Secretary shall either accept the decision of the Admissions and Terminations Scrutinising Committee or disagree for reasons to be recorded in writing within seven days of submission of the case by the Admissions and Terminations Registry.
- **10**.In case of rejection of application, reasons for the same shall be communicated to the volunteer.
- 11.Once the application is approved by the Secretary, the volunteer shall be deemed to be a newcomer, and be permitted to reside in Auroville for a period of one year, extendable up to a maximum of two years.
- 12. The probationary period of a newcomer may be extended by the Admissions and Terminations Scrutinising Committee, in cases where either the newcomer requests for more time to assess whether he is ready to join as resident, or in cases where the Admissions and Terminations Scrutinising Committee finds that the newcomer does not satisfactorily comply with the Auroville Admission Criteria and Auroville Residence Criteria. In both cases, newcomer period shall not exceed a maximum period of twenty four months.
- 13.The newcomer shall attend the Auroville Spiritual and Material Orientation.
- 14.A newcomer shall submit an application to the Admissions and Terminations Registry for extension of stay, at least one month prior to expiry of the initial residency period.
- 15. The Admissions and Terminations Registry within two days of receipt of application forward the request to Admissions and Terminations Scrutinising Committee.
- 16.The Admissions and Terminations Scrutinising Committee shall make a decision on extension of residency period of a probationer along with the recommended period of extension within two days of submission of the case to it by the Admissions and Terminations Registry.
- 17. The Admissions and Terminations Registry shall submit the decision of the Admissions and Terminations Scrutinising Committee to the Secretary within two days of its receipt.
- 18. The Secretary shall accept the decision of the Admissions and Terminations Scrutinising Committee or disagree with its decision for reasons to be recorded in writing within seven days of submission of the case by the Admissions and Terminations Registry. In case of rejection, brief reasons for the same shall be communicated to the applicant.
- **19**.The newcomer shall meet his or her own expenses for staying in Auroville, but in certain cases Auroville may provide maintenance.

9. Procedure for entry of name in the Register of Residents or procedure to become a resident.

- 1. Upon expiry of the period of eleven months as a newcomer, such a newcomer may make an application to the Admissions and Terminations Registry for entry of his or her name in the Register of Residents.
- 2. The Admissions and Terminations Registry shall scrutinize the application for removal of defects, if any, in consultation with the applicant within a period of seven days of receipt of the application.
- 3. The Admissions and Terminations Registry shall publish the name of the applicant on the website of Auroville Foundation, send emails to all residents at their registered email IDs and display on the notice board of the Foundation inviting the residents to respond within a period of fourteen days to indicate with reasons whether the applicant may be allowed admission as a resident.
- 4. If any resident has raised any objection on the admission of a resident, it shall be accompanied by a written declaration as provided in Appendix B, and proof of the alleged violation committed by the applicant, if any.
- 5. A copy of the validated declaration submitted by a resident raising objection shall be supplied to the applicant, to furnish a response in writing to such feedback within seven days of the last date for furnishing feedback and the confidentiality of the name of the resident shall be maintained.
- 6. The Admissions and Terminations Registry shall compile feedback or complaints or objections, if any, and response of the applicant and submit to the Admissions and Terminations Scrutinising Committee.
- 7. The Admissions and Terminations Scrutinising Committee shall decide each case on merit guided by the Charter, Auroville Admissions Criteria and Auroville Residence Criteria based on feedback or complaints or objections of the residents and shall communicate its decision to the Admissions and Terminations Registry within fourteen days of submission of the case. The Admissions and Terminations Scrutinising Committee may invite the applicant for an interview before making its decision.
- 8. The Admissions and Terminations Registry shall submit the case to the Secretary within two working days of decision being communicated by the Admissions and Terminations Scrutinising Committee.
- 9. The Secretary shall either accept the decision of the Admissions and Terminations Scrutinising Committee or disagree for reasons to be recorded in writing within fourteen days of submission of the case by the Admissions and Terminations Registry.
- **10**.In case of rejection of application, reasons for the same shall be communicated to the newcomer.
- 11. Once the application of the newcomer is approved for admission by the Secretary, he or she shall be required to sign the declaration provided in Appendix A, and the name of such resident shall be entered in the Register of Residents and such resident shall be permitted to reside in Auroville.
- 12. The entire process shall be completed in compliance with principles of natural justice and the records of the processing shall be maintained for reference at all times.

10. Termination of volunteer or newcomer or resident and removal of name of resident from Register of Residents.

 Any resident or anyone may make a complaint or information or report, substantiated with material, against any volunteer or newcomer or resident for violation of the Auroville Admission Criteria and Auroville Residence Criteria for volunteer or newcomer or resident.

- 2. The complaint shall be made to the Admissions and Terminations Registry.
- **3.** Within seven days of receipt of a complaint, the Admissions and Terminations Registry, shall forward the complaint to the Admissions and Terminations Scrutinising Committee.
- 4. The Admissions and Terminations Scrutinising Committee can also take suo moto cognizance of any misrepresentation, concealment or fraud committed by a volunteer, newcomer or resident in the application process which comes to notice subsequently and treat it as a complaint.
- 5. The Admissions and Terminations Scrutinising Committee shall decide either to close or pursue the complaint, based on verifiability and genuineness, within a period of fourteen days of receipt of complaint from the Admissions and Terminations Registry and convey to Admissions and Terminations Registry. The Admissions and Terminations Scrutinising Committee may invite the concerned volunteer or newcomer or resident for an interview before making its decision.
- 6. In case a complaint is to be pursued, the volunteer or newcomer or resident concerned shall be asked to furnish a response on the complaint within fourteen days of such intimation by the Admissions and Terminations Registry.
- 7. Within seven days of receipt of response of the person concerned, the Admissions and Terminations Registry shall prepare a brief of the complaint, response of the person concerned and submit to the Admissions and Terminations Scrutinising Committee for a decision.
- 8. The Admissions and Terminations Scrutinising Committee shall decide each case on merit guided by Charter and Auroville Admissions Criteria and Auroville Residence Criteria and material on record.
- 9. The Admissions and Terminations Scrutinising Committee shall communicate its decision to the Admissions and Terminations Registry within fourteen days of submission of the case to it, recommending any of the following actions, namely:
 - a. terminate the status of the person as a volunteer or newcomer or resident and cause the name of such person to be removed from the list or the register, as the case may be;
 - b. issue a public warning or censure to a volunteer or newcomer or resident;
 - c. direct the volunteer or newcomer or resident to compensate for any loss or damage caused by him or her and deposit the same with the Auroville Foundation.
- **10**. The Admissions and Terminations Registry shall submit the case to the Secretary within seven days of its receipt of recommendations from the Admissions and Terminations Scrutinising Committee.
- 11. The Secretary shall either accept the recommendations of the Admissions and Terminations Scrutinising Committee or disagree for reasons to be recorded in writing within fourteen days of submission of the case by the Admissions and Terminations Registry.
- 12. In case of termination, a speaking and reasoned order shall be passed indicating whether the person is eligible to apply for readmission and the period of cooling off after which he or she can re-apply.

11. Removal of any person from Auroville.

If the Central Government has reasons to believe that any volunteer, newcomer, resident or any other person in

Auroville, is a threat to national security or possible offender under any Act administered in India, it shall

communicate the removal of such person or necessary action to the Governing Board through the Secretary, and the Governing Board shall immediately cause such communication to be put in action with immediate effect.

12. Appeal.

- 1. The Appellate Committee shall consist of three members of the Governing Board nominated by the Chairperson and the tenure of the members of the Appellate Committee shall be co terminus with their tenure as members of the Governing Board.
- 2. The person aggrieved may file an appeal against the rejection of the application for admission, or against termination, to the Appellate Committee, in all matters related to admission or termination from the Register of Residents or the list of volunteers or newcomers.
- **3**. The appeal shall be submitted in writing to the Admissions and Terminations Registry duly signed by the appellant.
- 4. No appeal shall be entertained unless such appeal is received within a period of thirty days from the date the decision of the appropriate authority regarding rejection of admission or termination has been communicated to the volunteer, newcomer or resident, as the case may be.
- 5. During the pendency of the appeal, no coercive action shall be taken against the appellant.
- 6. The appeal shall be decided by the appellate Committee within a period of thirty days of receipt of the appeal.
- 7. The decision of the Appellate Committee to confirm or revoke the decision appealed against, shall be final and binding.

13. Restriction on re-admission into Auroville.

- 1. A person who has been removed as a volunteer or newcomer or resident, shall not be eligible to seek readmission if the order issued for removing the person categorically denies re-admission.
- 2. If the order for removal of a resident provides for readmission after a lapse of specified period, the person on expiry of the specified period may apply for re-admission as a resident without going through the process of being a volunteer, but completing his or her probationary period as newcomer and such application shall be decided after following the procedure of seeking feedback from the Residents Assembly as in the case of any new resident.
- **3**. In case of re-admission of a volunteer or newcomer as the case may be, Admissions and Terminations Scrutinising Committee shall make appropriate recommendations on a case by case basis.
- 4. Such a person who is eligible for re-admission, shall declare that he or she was removed or terminated from Auroville as a volunteer or newcomer or resident at the time of re-applying.

14. Children of Auroville.

A child of Auroville may, upon turning eighteen, may apply to become a resident of Auroville by following the same admission process as any other applicant; however, neither the probationary period for volunteer nor the minimum residence period for newcomer shall apply, provided that such person has been residing continuously in Auroville for more than eighteen months at the time of making application.

15. Saving.

Unless otherwise provided in these regulations, the persons whose names are in the Register of Residents on the day prior to the coming into force of these regulations shall be deemed to have been allowed admission under the corresponding provisions of these regulations, and shall thus, be governed by these regulations in all matters except the initial admission.

> Dr. JAYANTI S. RAVI, Secy. [ADVT.-III/4/Exty./672/2023-24] SCHEDULE—I

Admission Criteria and Declaration

- 1. No person falling in the following parameters shall be permitted to reside in Auroville, namely:-
 - Any person against whom there is a pending criminal proceedings, arrest warrants or summons from any criminal court;
 - b. Is an insolvent.
- 2. The applicant must either be a citizen of India or Non-Resident Indian or Overseas citizen of India or foreign national holding an appropriate visa.
- 3. Ownership of land or assets within the Master Plan of Auroville shall be declared and sold to Auroville at the time of application to enter Auroville as a resident. Land and assets owned by their family within the Master Plan shall also be declared by the applicant. In case of land owned by applicant, either solely or jointly with family, within the Master Plan, the applicant shall be wait-listed until this land has been sold or donated to Auroville Foundation or otherwise disposed of.
- 4. At the moment Auroville cannot host people that do not commit to the Charter and life in Auroville. However, an applicant coming to Auroville with aged or infirm parents, and/or their minor children, shall be permitted to live with his or her parent or minor child, and shall ensure that each of the aged or infirm parents are registered as 'Permanent Guests' and the children registered as 'Children of Auroville'. Permanent Guests and Children of Auroville shall abide by the Auroville Residence Criteria.
- 5. In case of an applicant whose spouse does not wish to join Auroville, the applicant shall seek permission from the Human Resources Services for the spouse to live inside Auroville, with the applicant. The Spouse thus permitted to live within Auroville shall abide by the Auroville Residence Criteria.
- 6. The applicant shall provide all details, pay all fees and make all deposits as required, in accordance with the latest policies, as approved by the Governing Board.

Appendix—A

Declaration (to be signed by all volunteer or newcomer or resident or Permanent Guest): By signing this document, I state that I have read the Auroville Charter and Auroville Admission Criteria and Declaration, as outlined above and declare my agreement and compliance with it. I have also read the latest Auroville Residence Criteria and declare my agreement and compliance with it.

In the event of breach of this agreement of understanding, I understand that I face consequences which may include termination from the List of volunteers or newcomers or from the Register of Residents and expulsion from Auroville.

(In case of persons accepted as Permanent Guests, a joint declaration shall be signed by the person and the resident concerned)

Place:

Date: Signature of the applicant_

Appendix—B

Declaration (to be signed by the resident Complainant):

I hereby declare and solemnly affirm that the contents of the feedback/complaint/ objection submitted by me are based on my knowledge and believed to be true and correct. No part of it is false and nothing material has been concealed therefrom.

Place:

Date: Signature of the applicant____

NR.N. Guidelines

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & Newcomers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to <u>newsandnotes@auroville.org.in</u>.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

> Roy & Agnijata, News & Notes, Media Centre, Town Hall, <u>NewsAndNotes@auroville.org.in</u>, 0413 2622133



Ambulance (24/7): Auroville—9442224680

• PIMS-0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center-0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

• Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): • 108